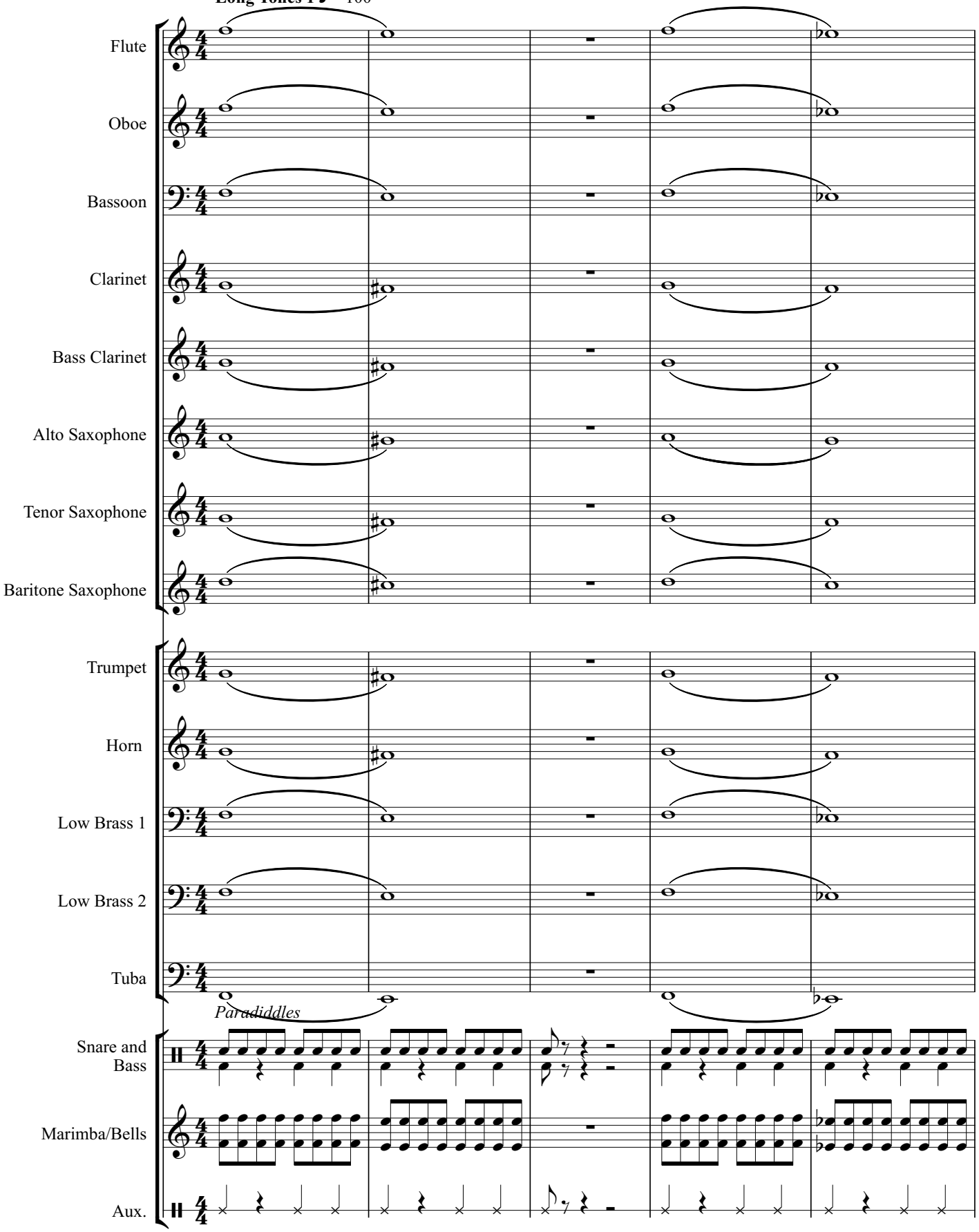
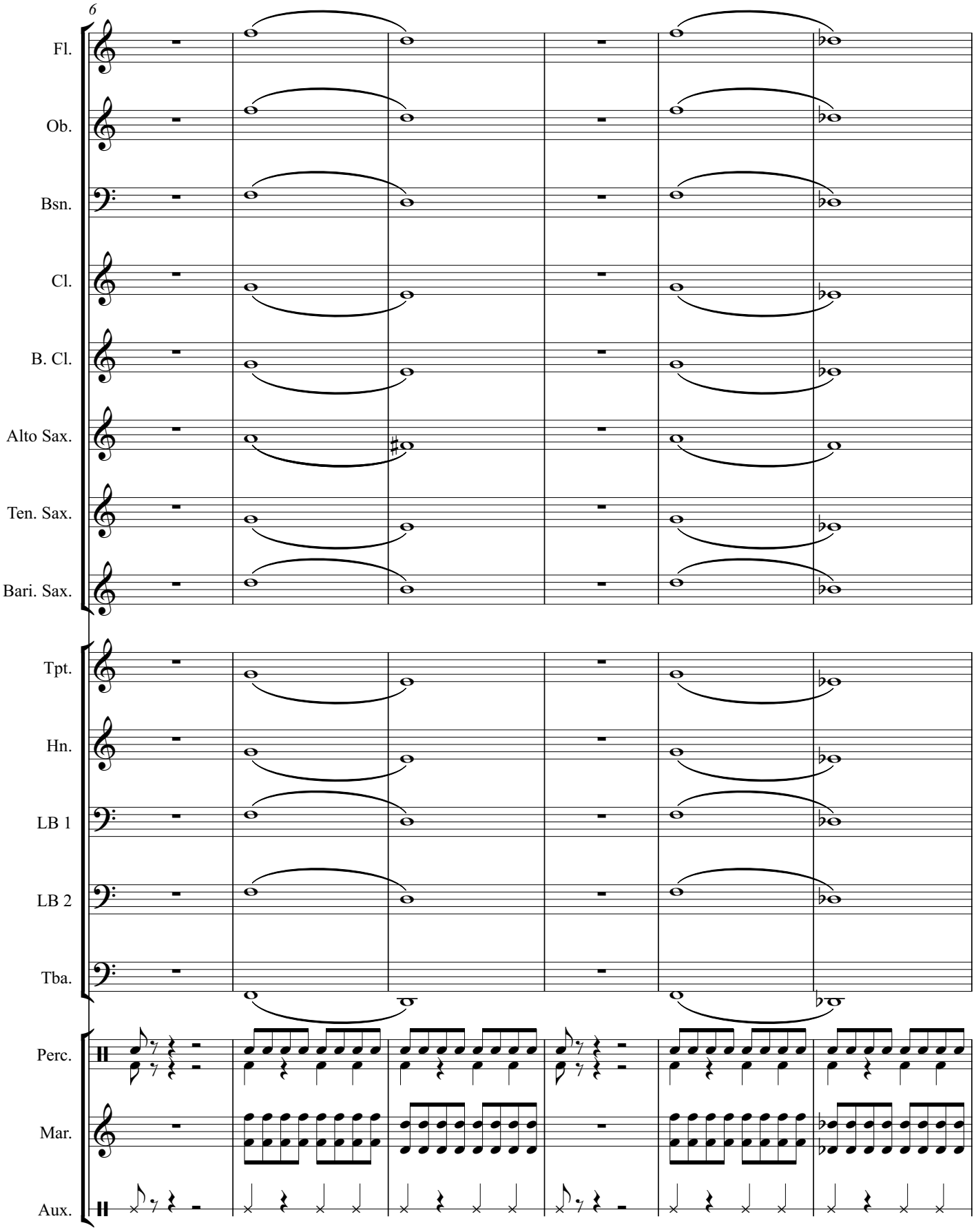
Symphonic Warm-ups

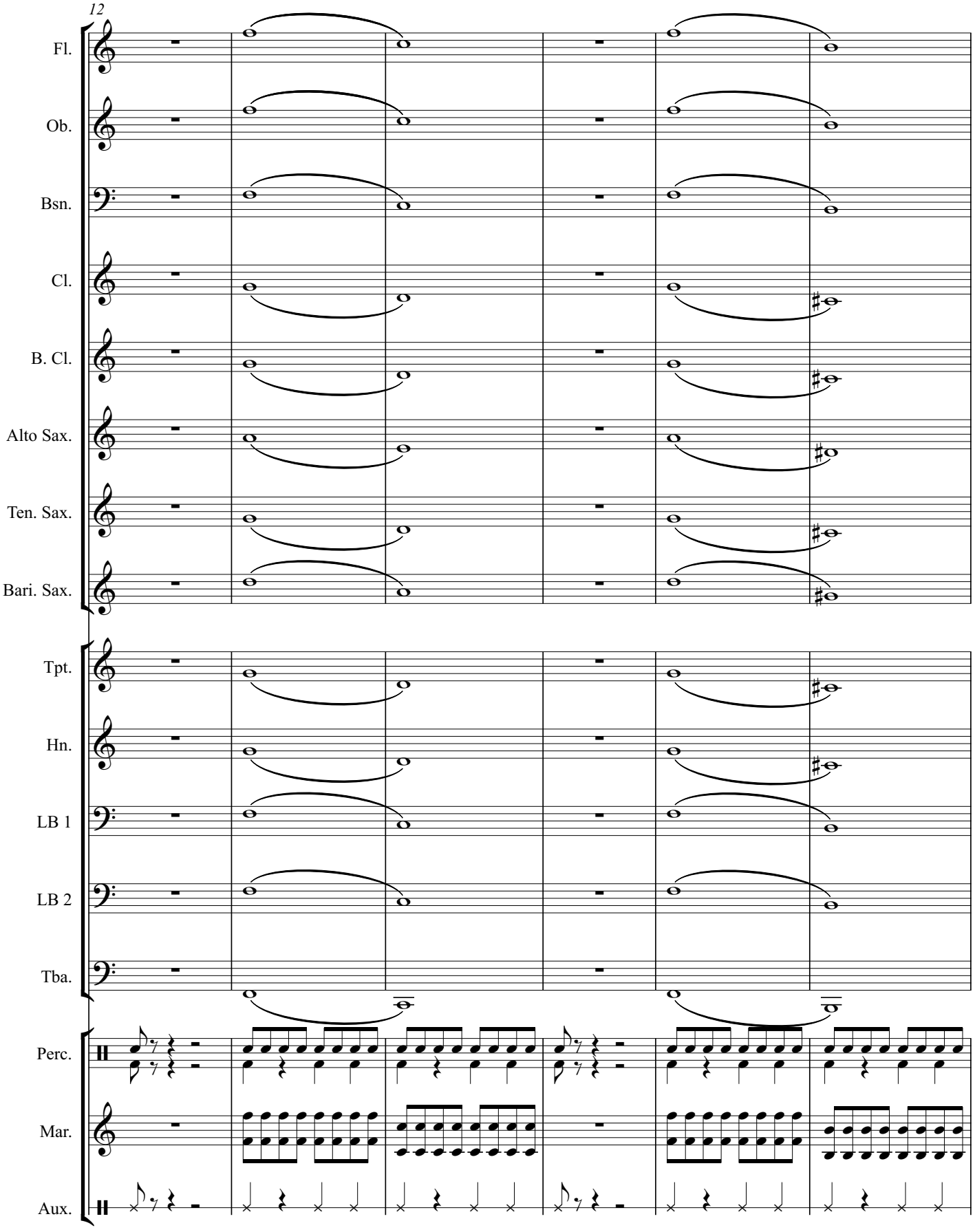
John McAllister

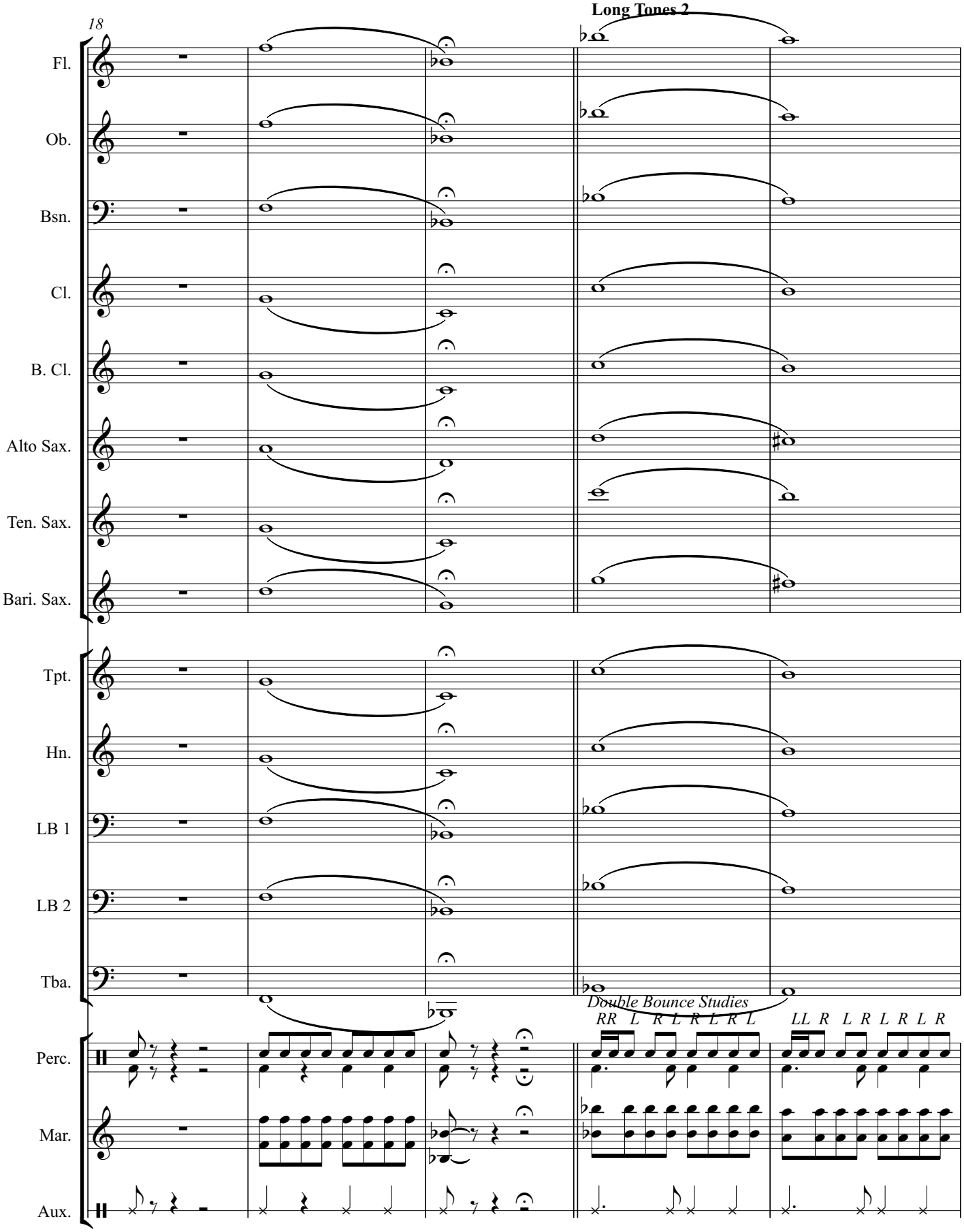
Long Tones 1 ♩ = 100

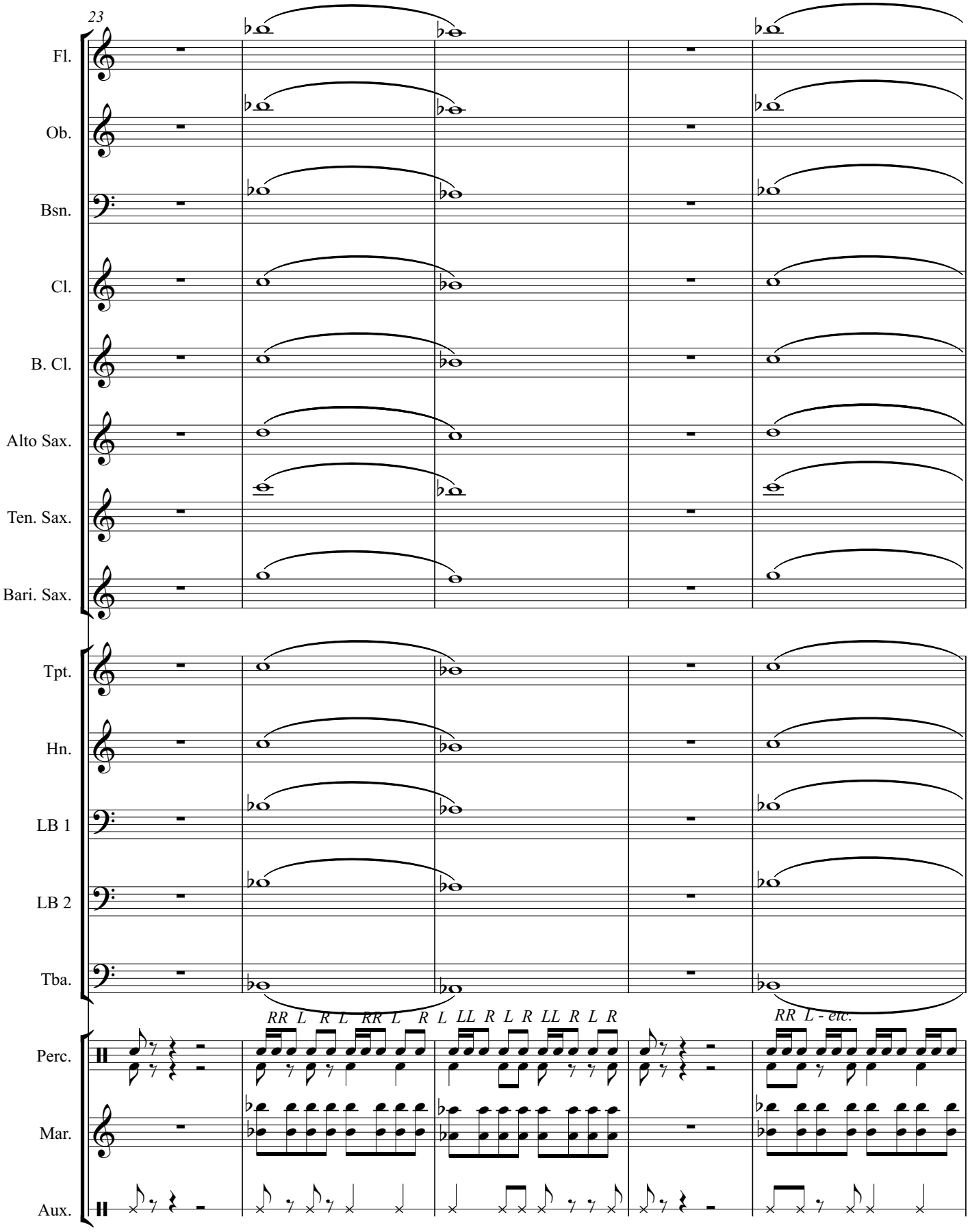


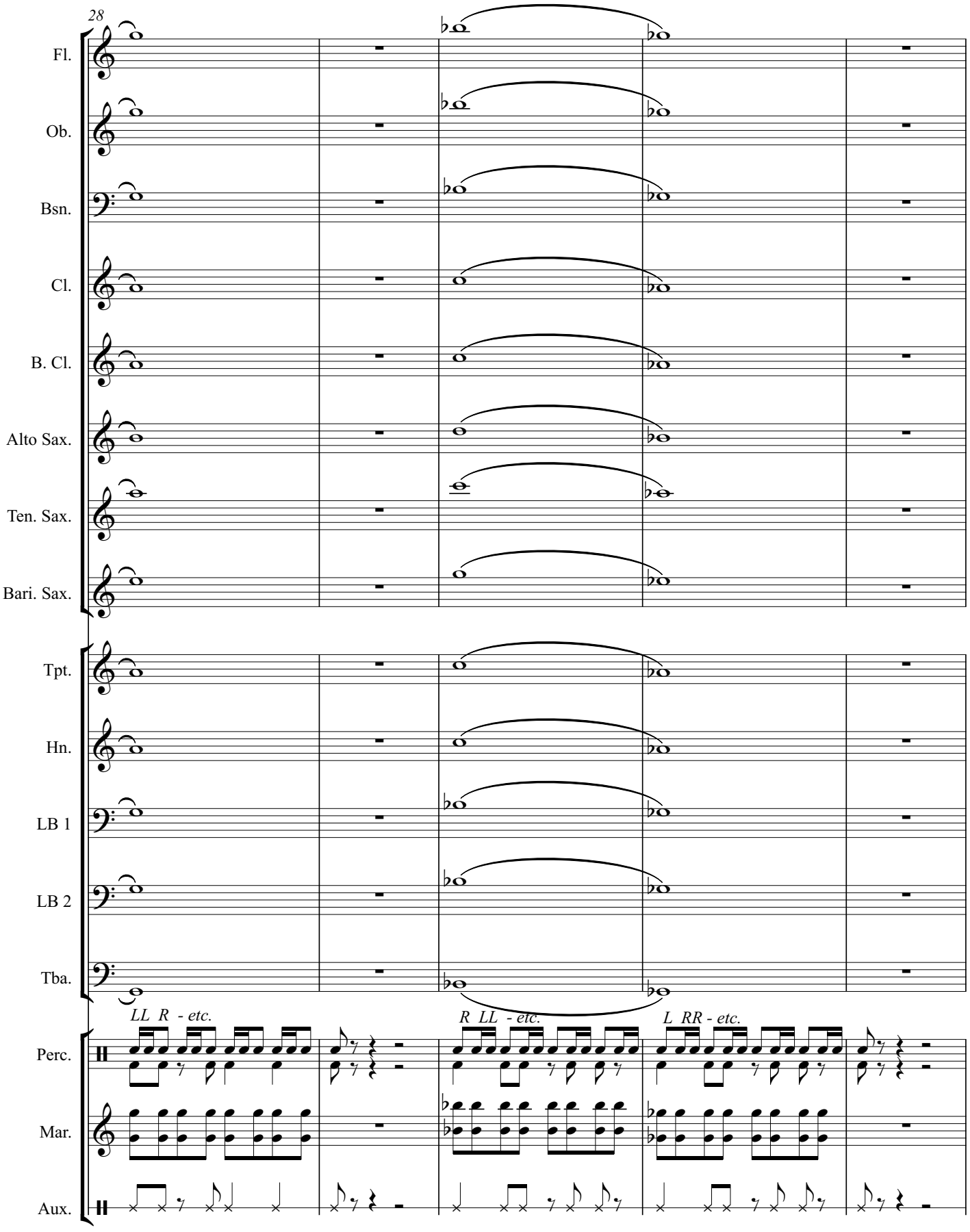
Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

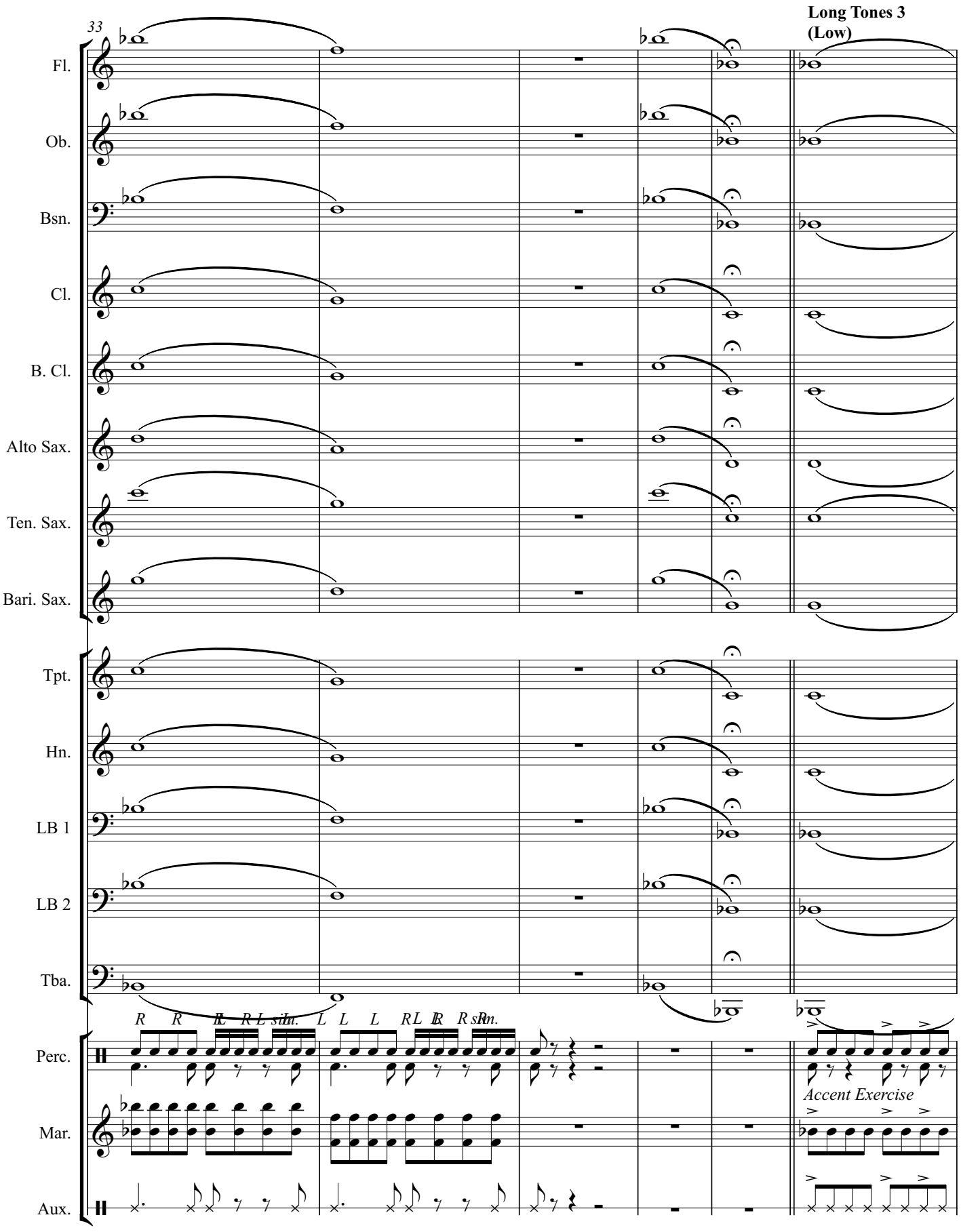

6
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

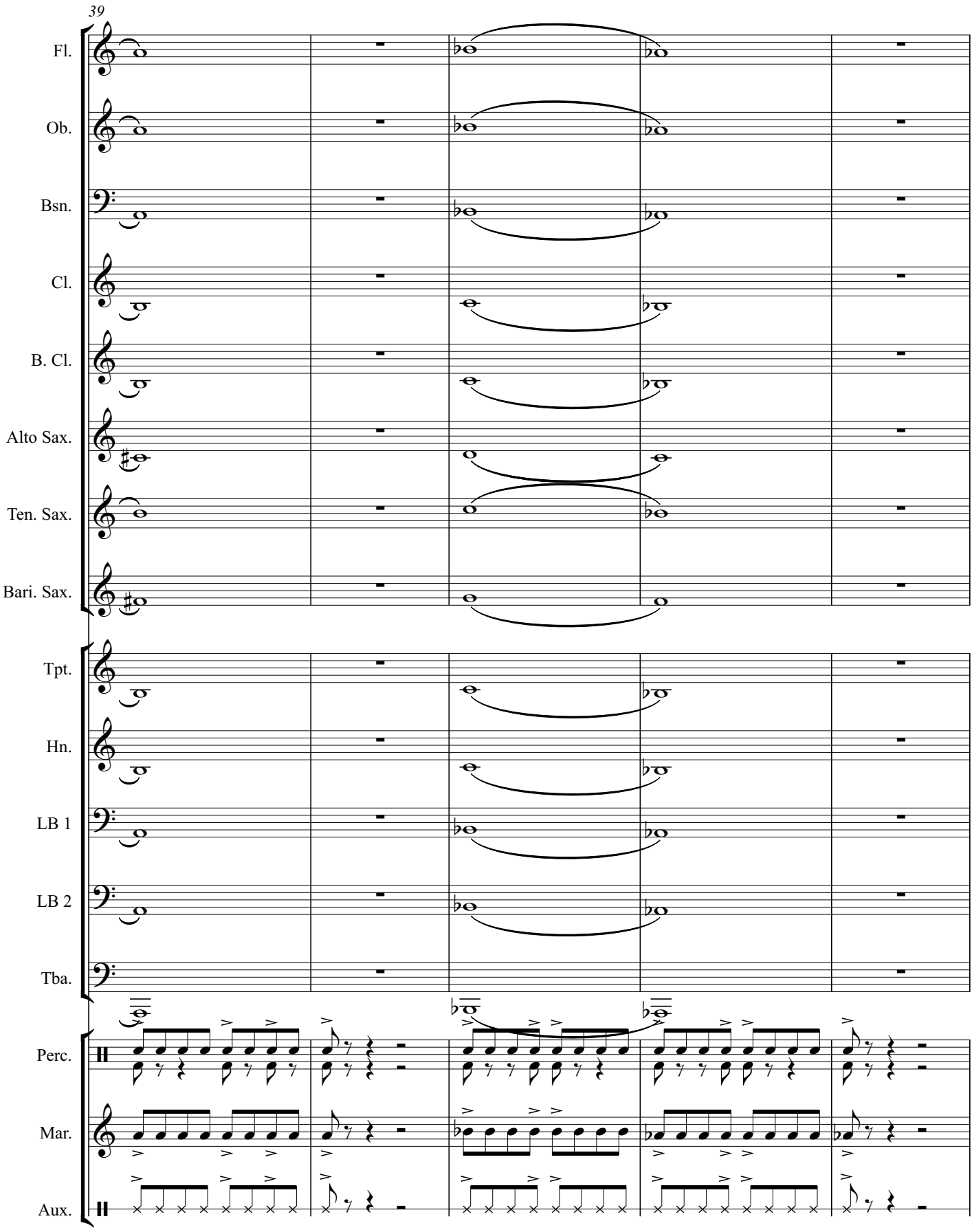

12
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

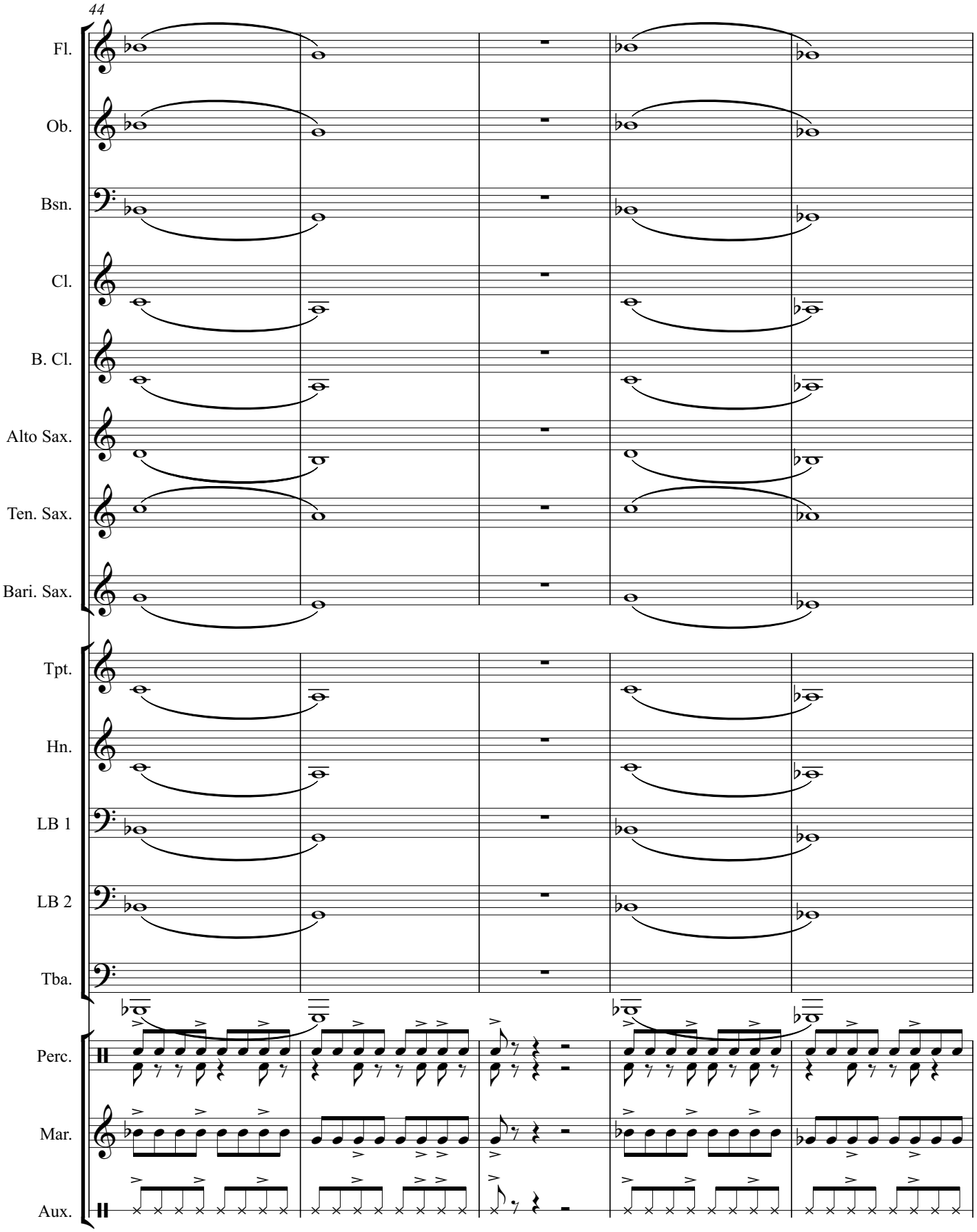
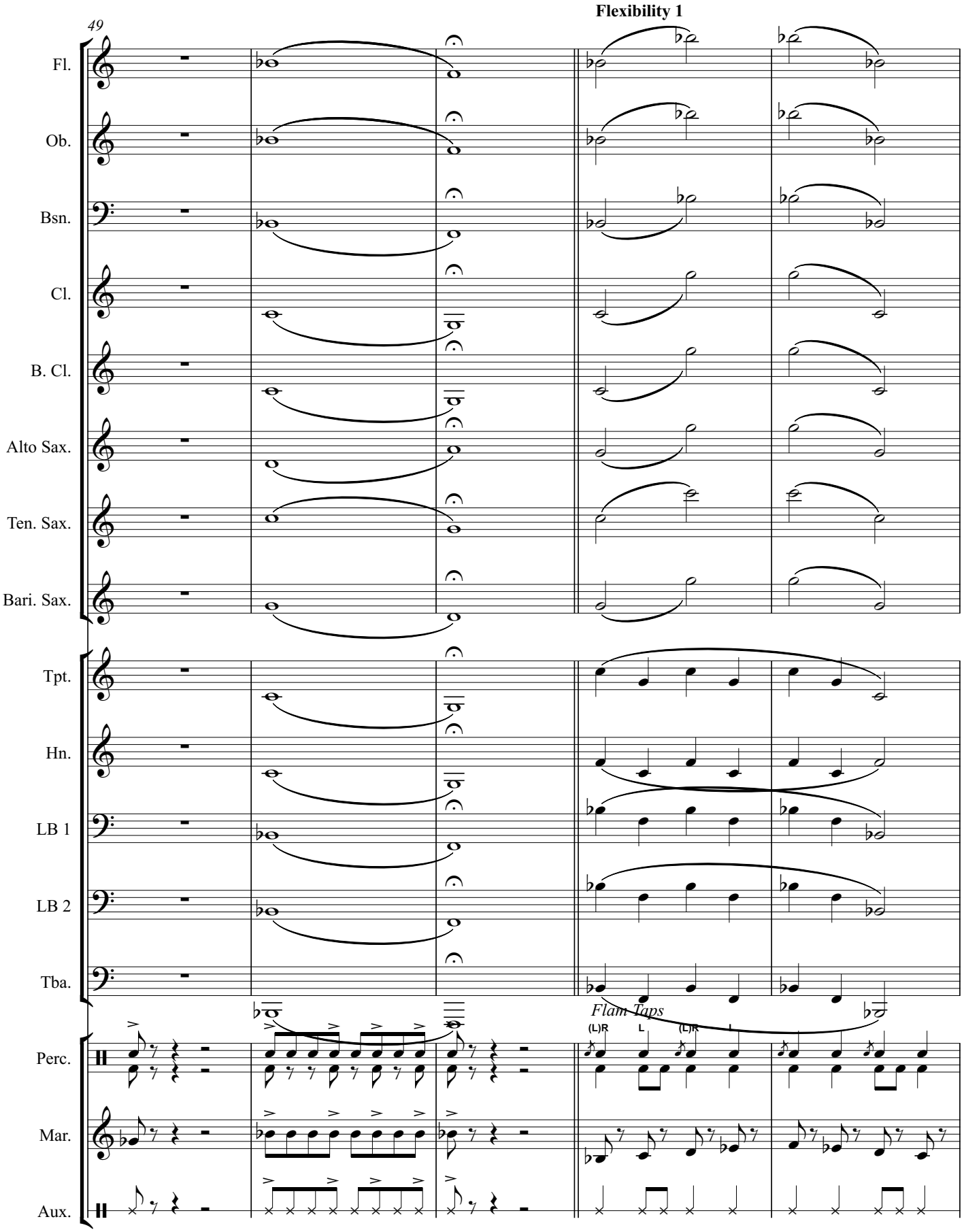
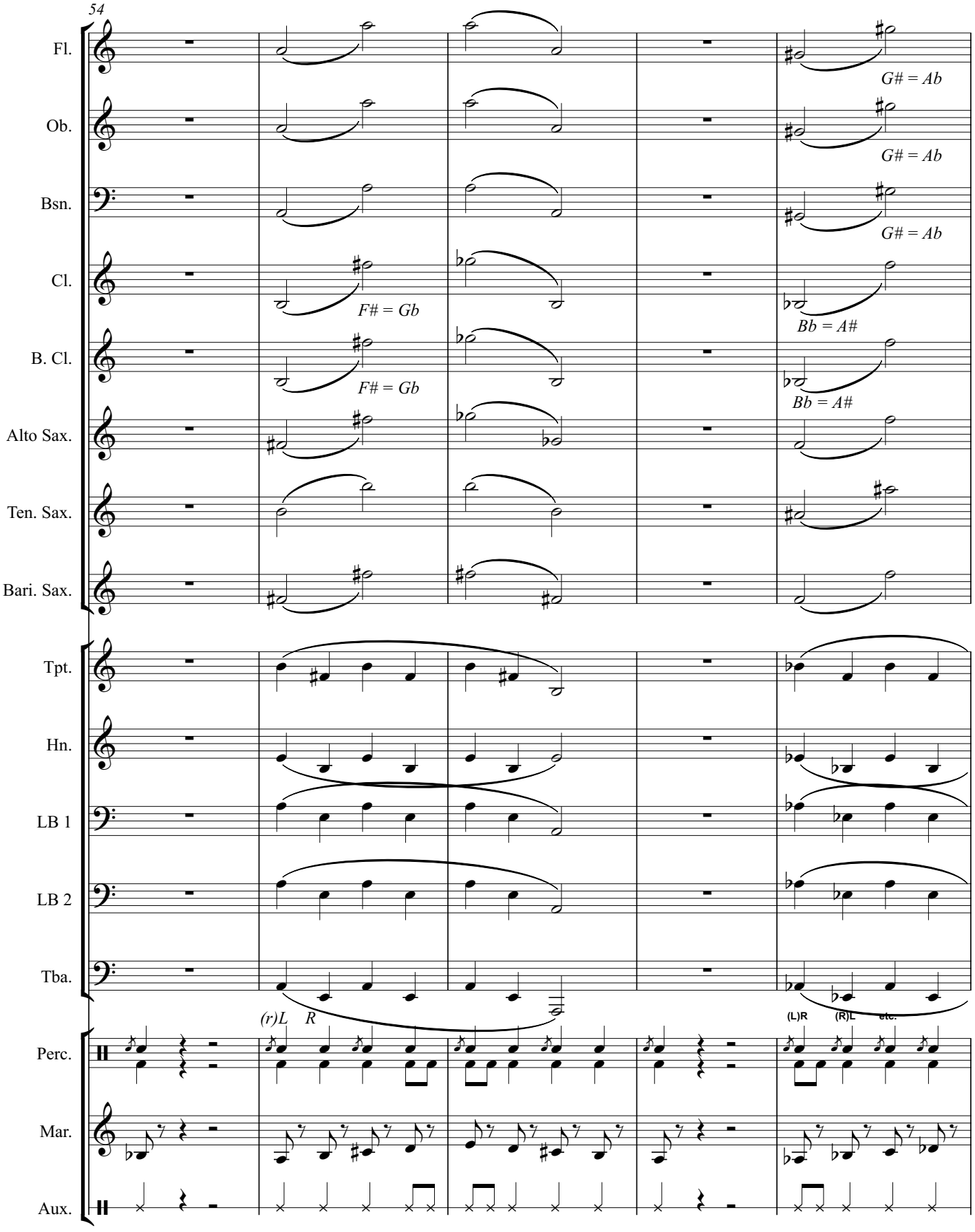

18
Long Tones 2
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
Double Bounce Studies
RR L R L R L R L
LL R L R L R L R

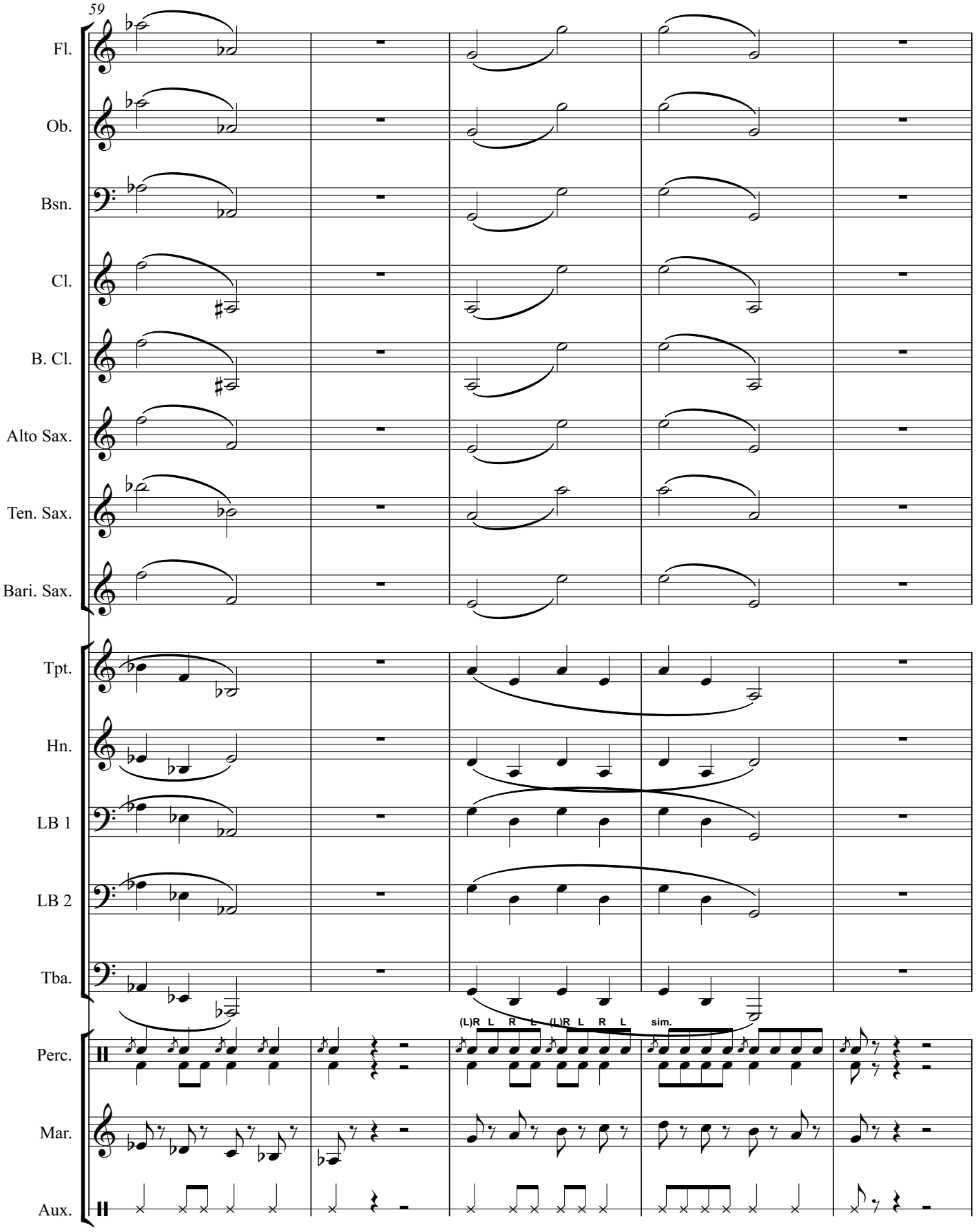

23
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
RR L R L RR L R L LL R L R LL R L R
RR L - etc.

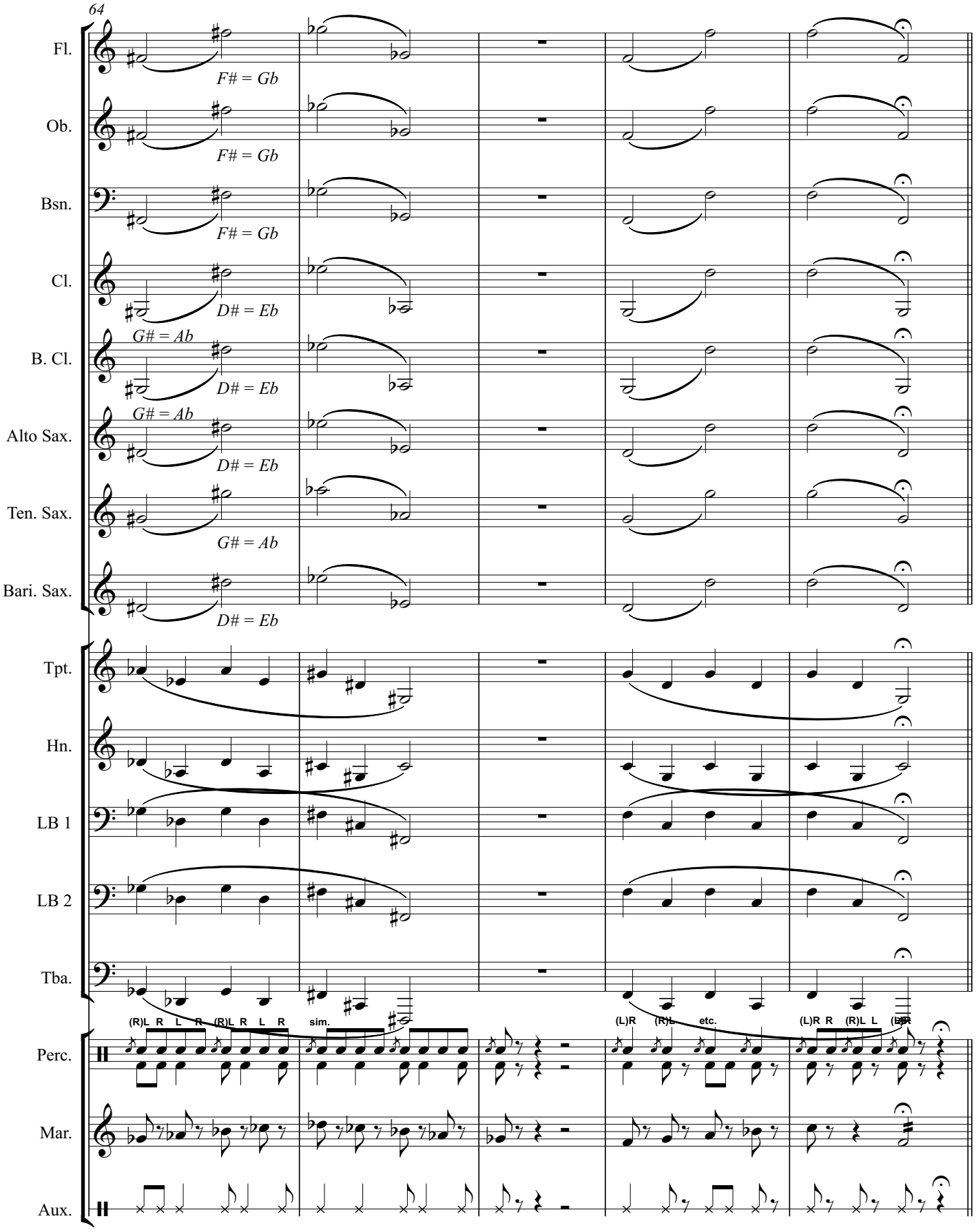
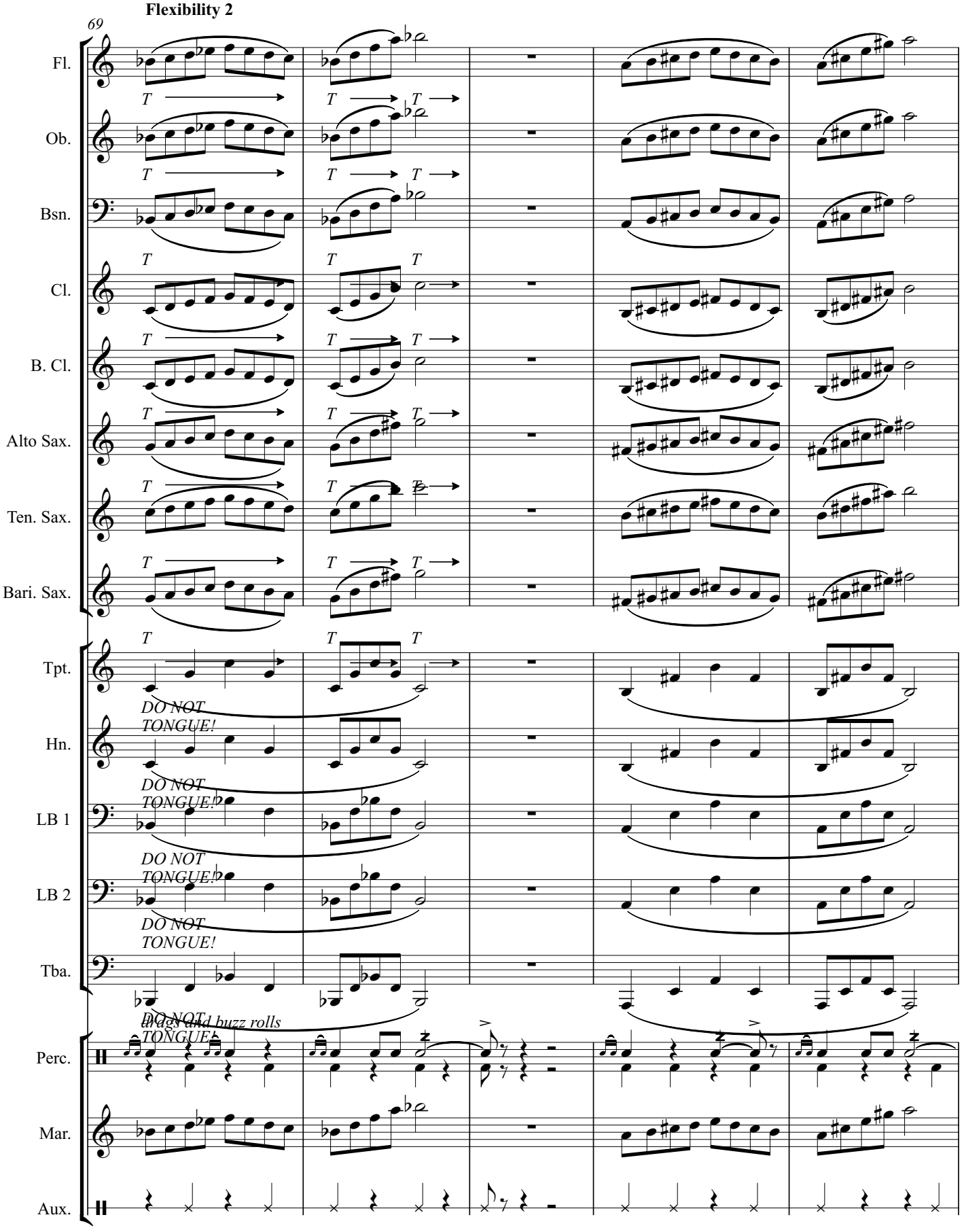
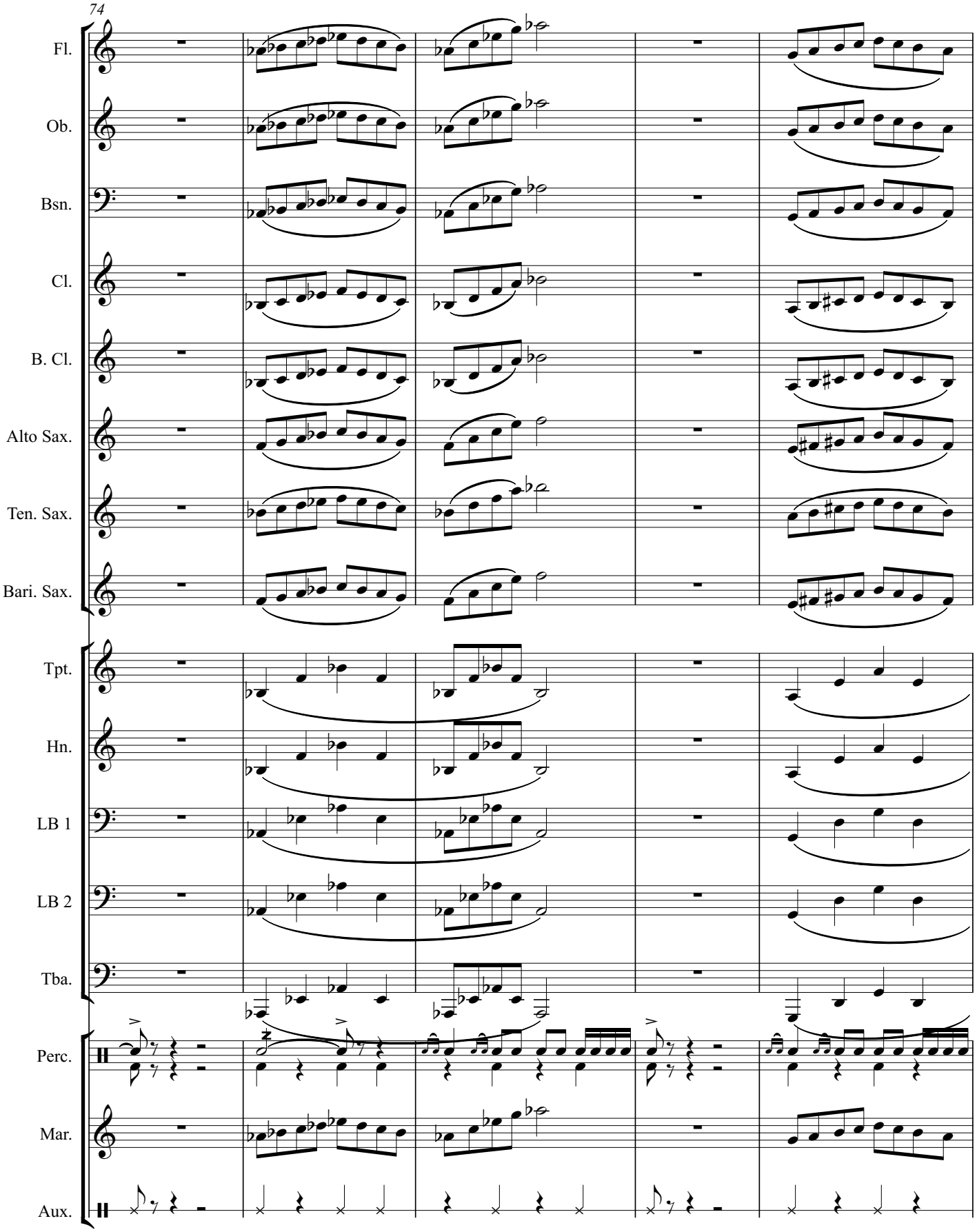
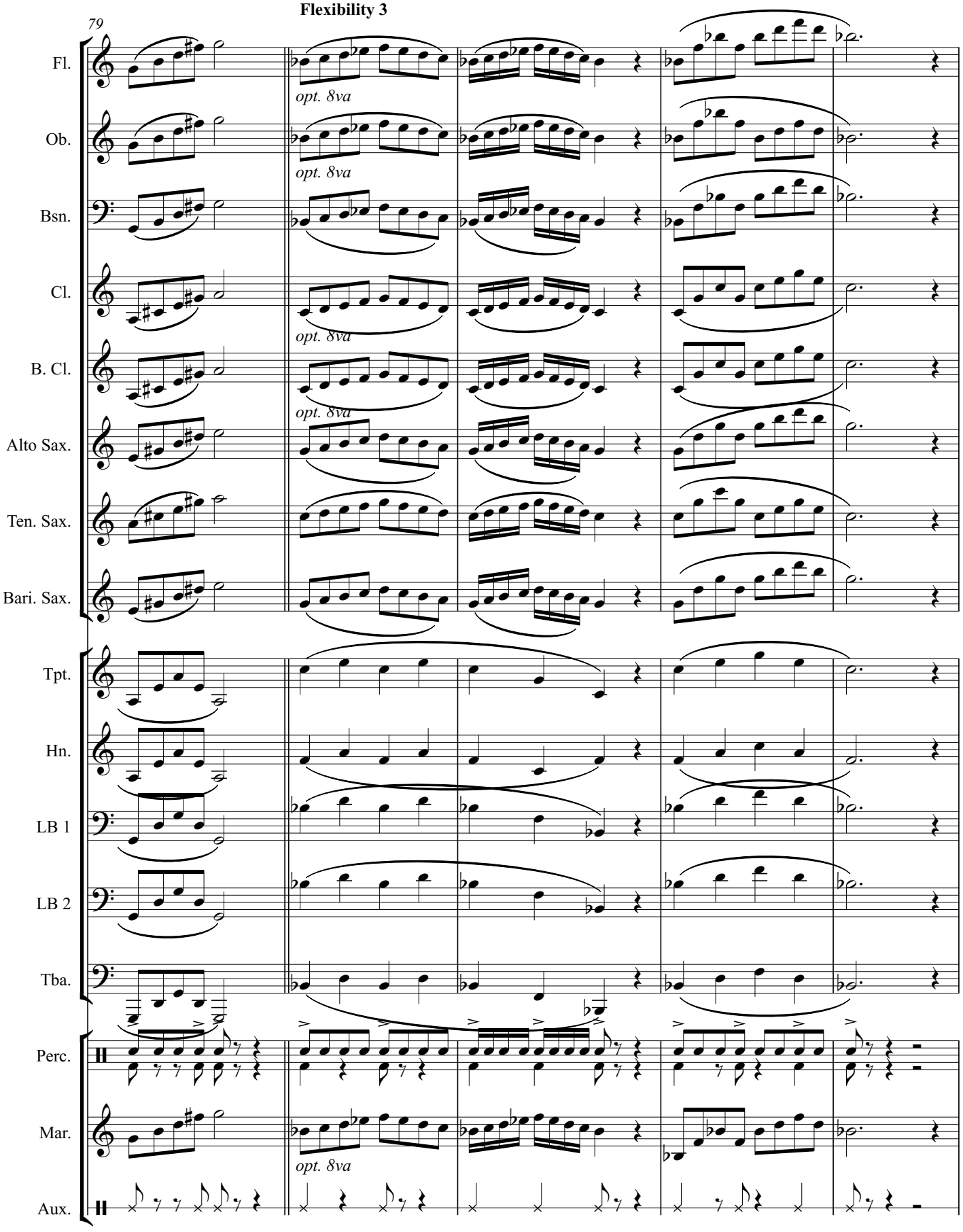
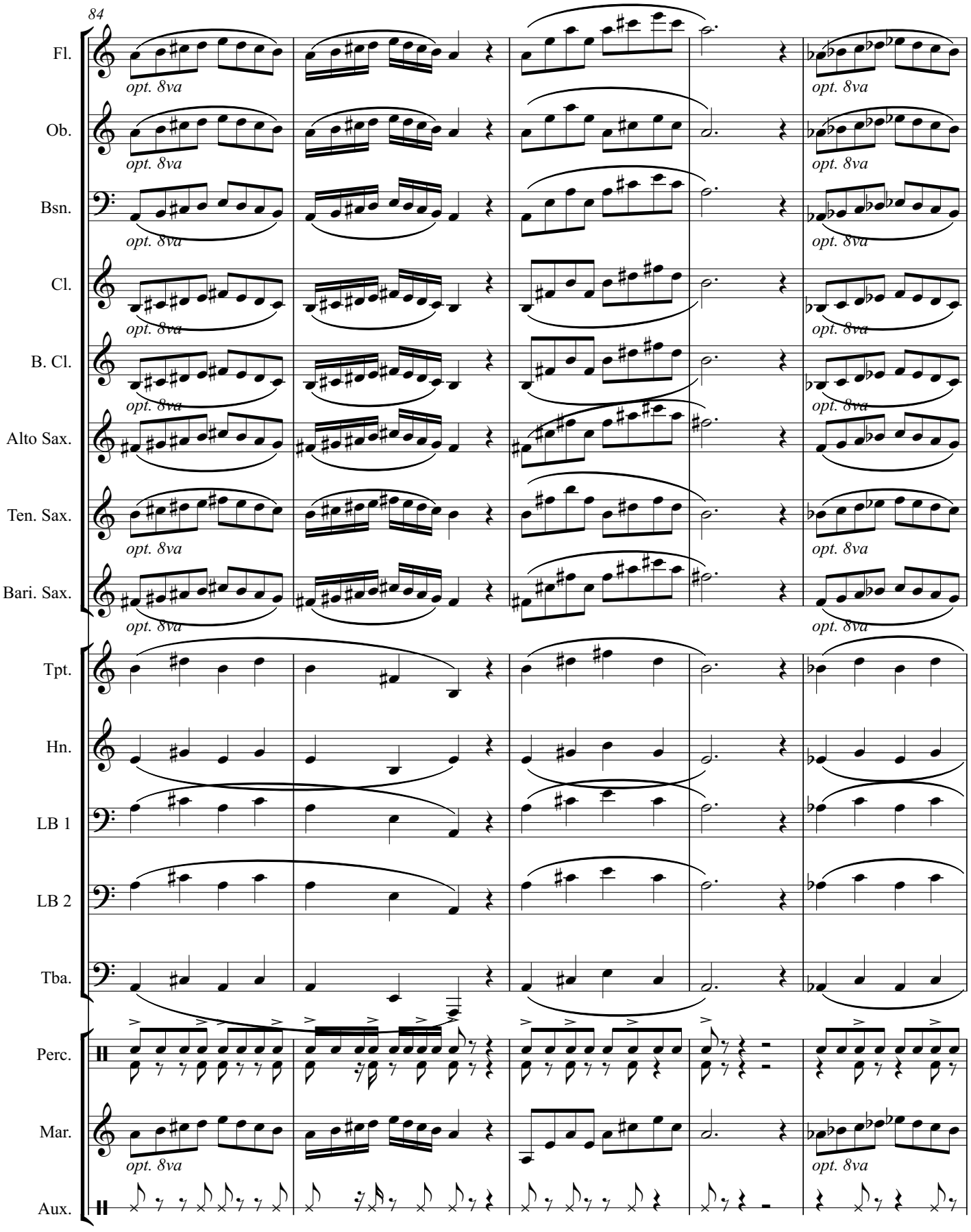
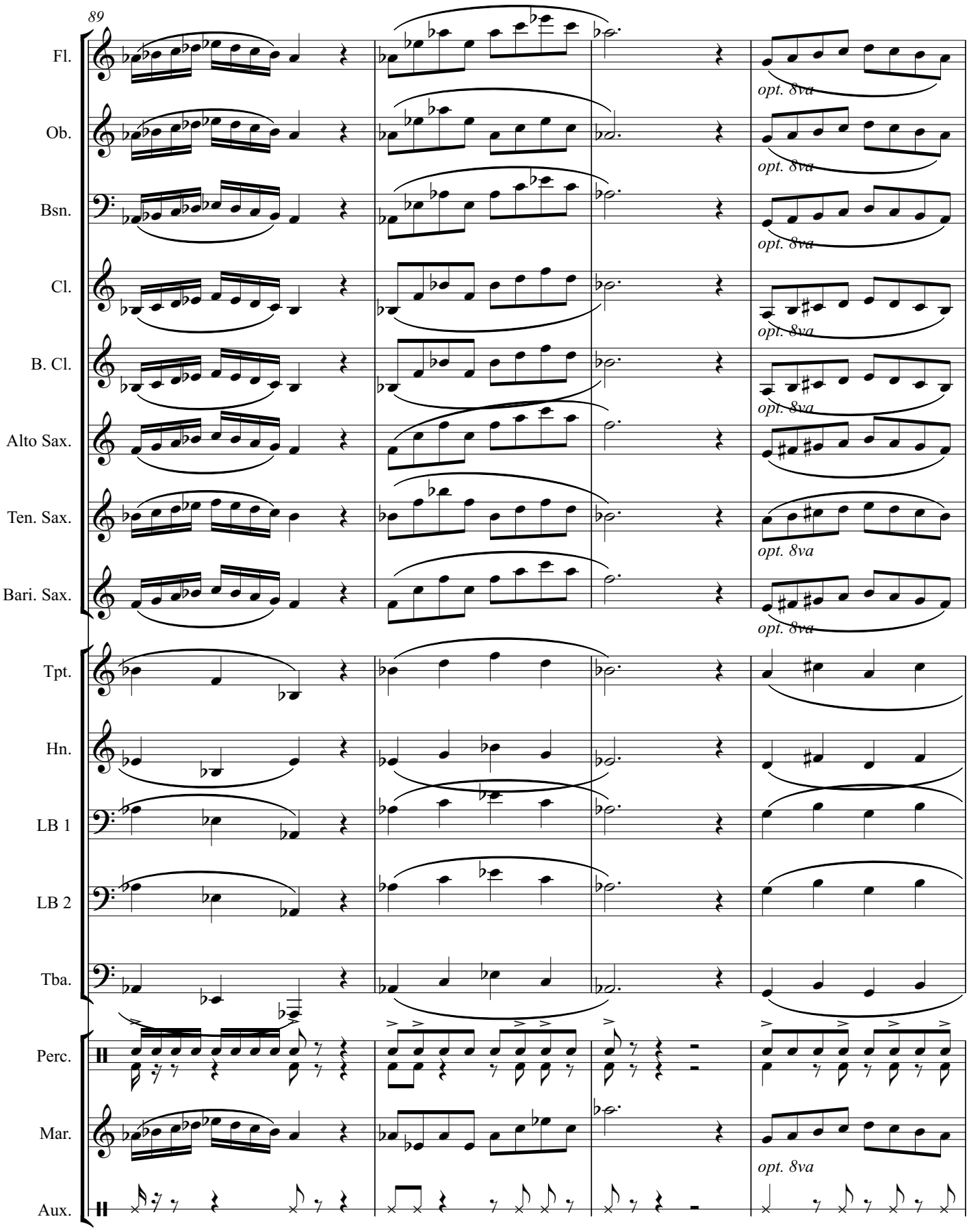
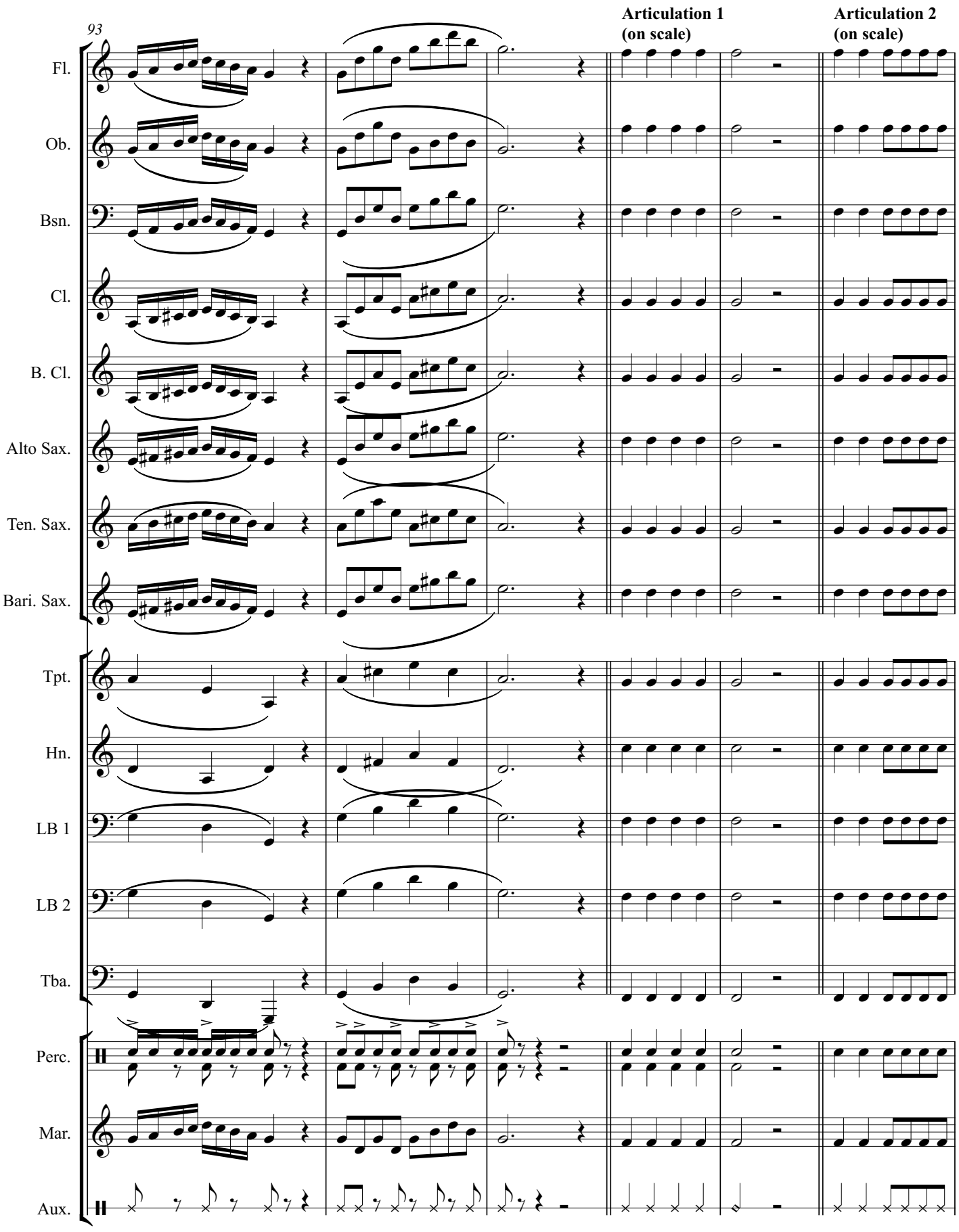
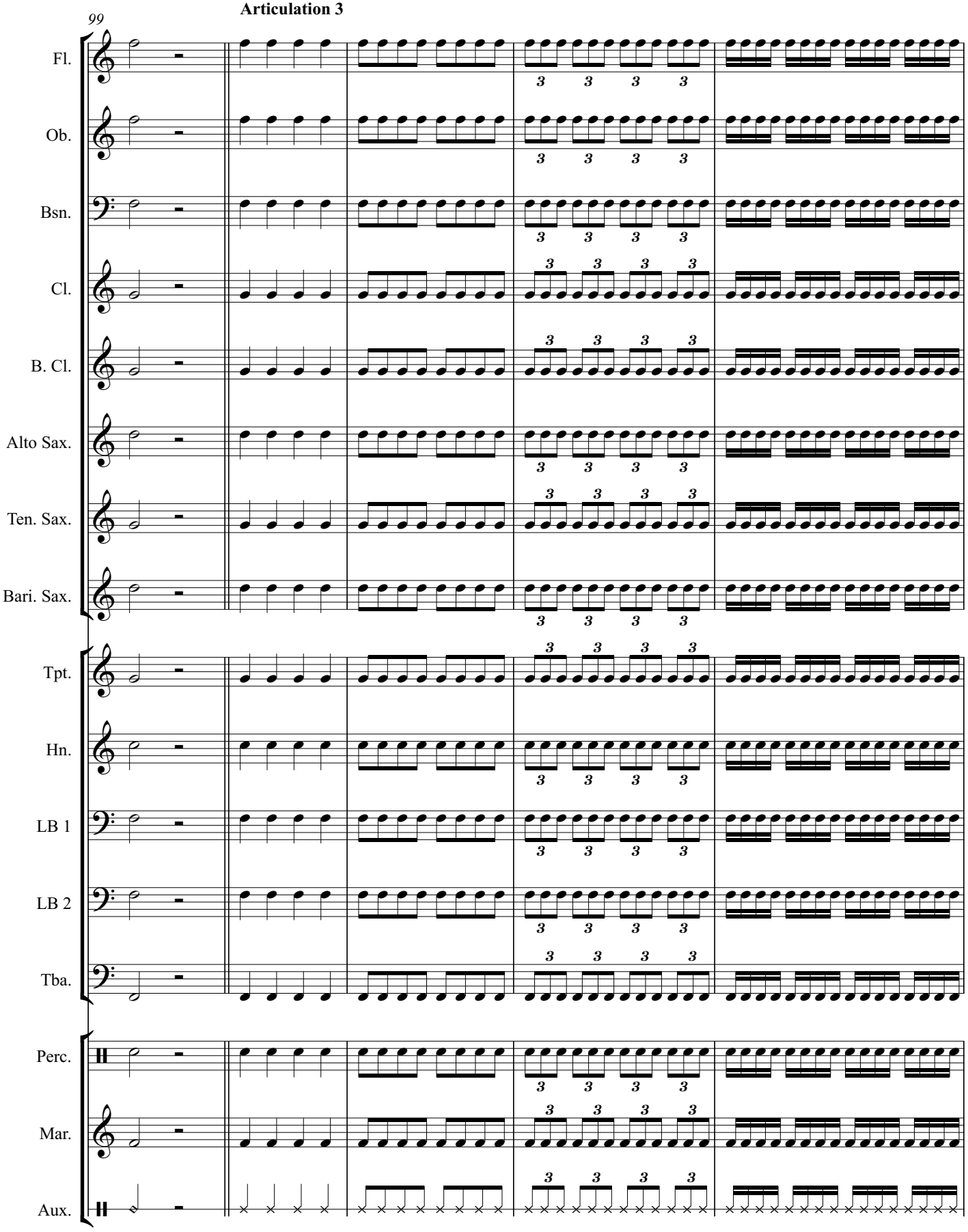
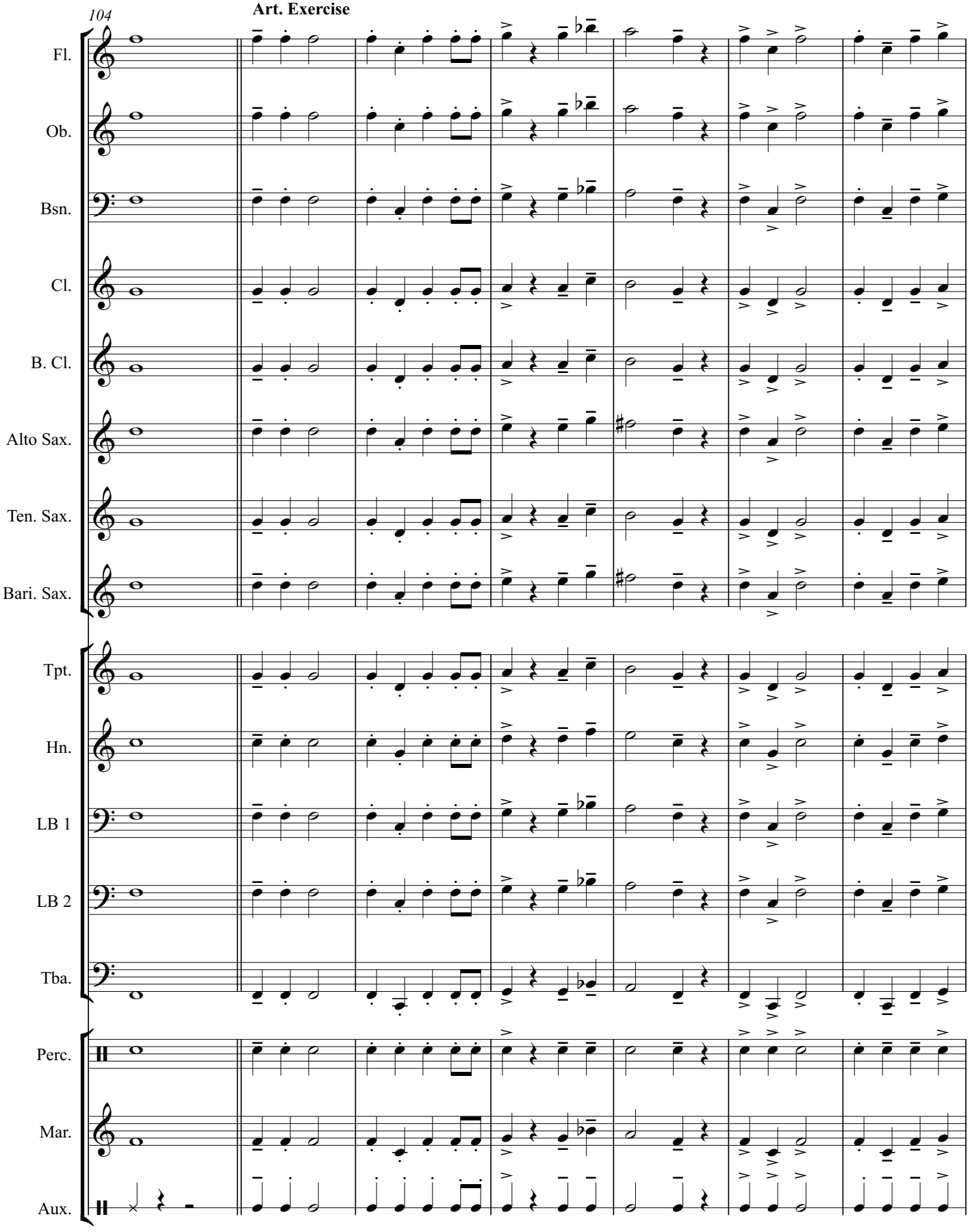
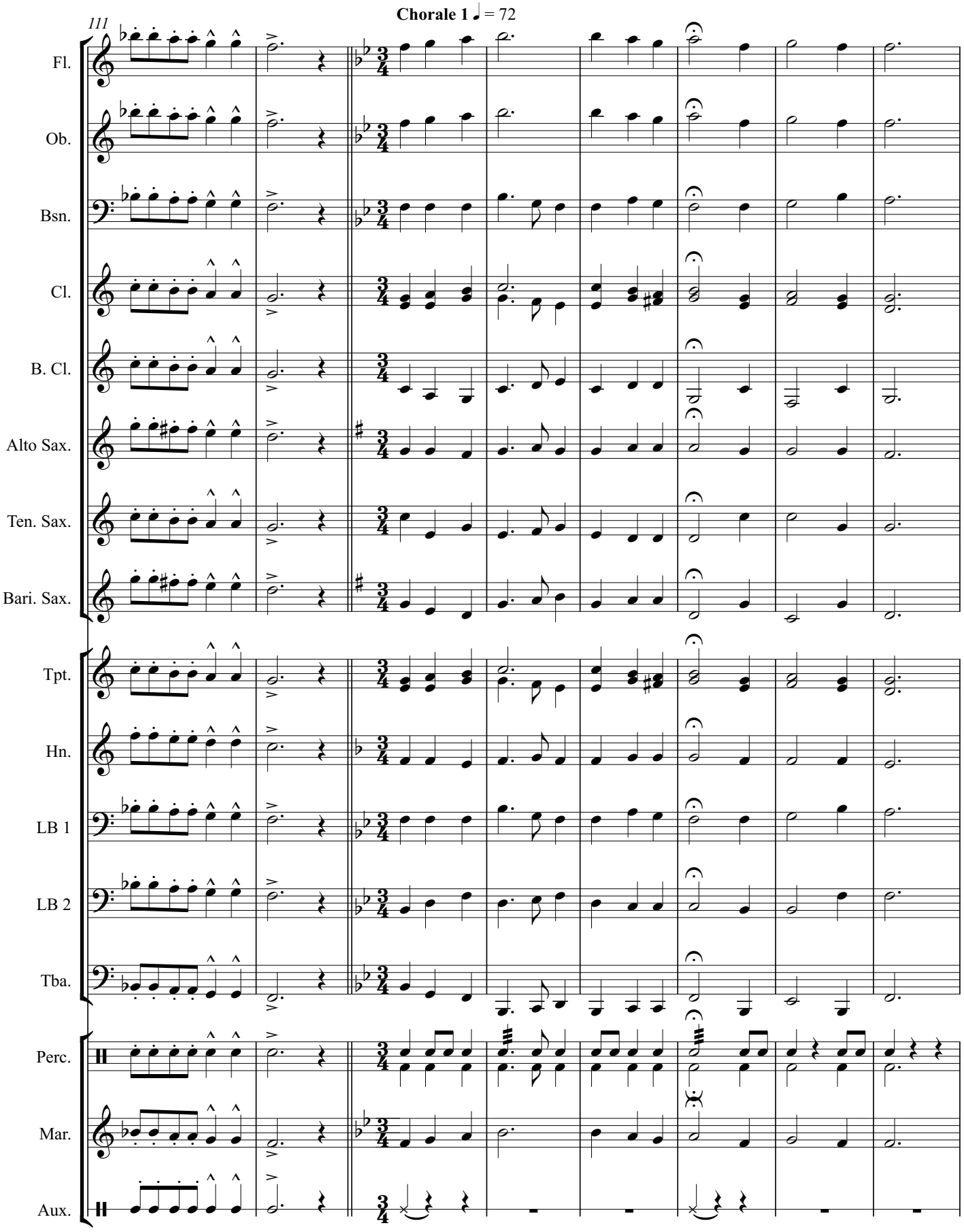
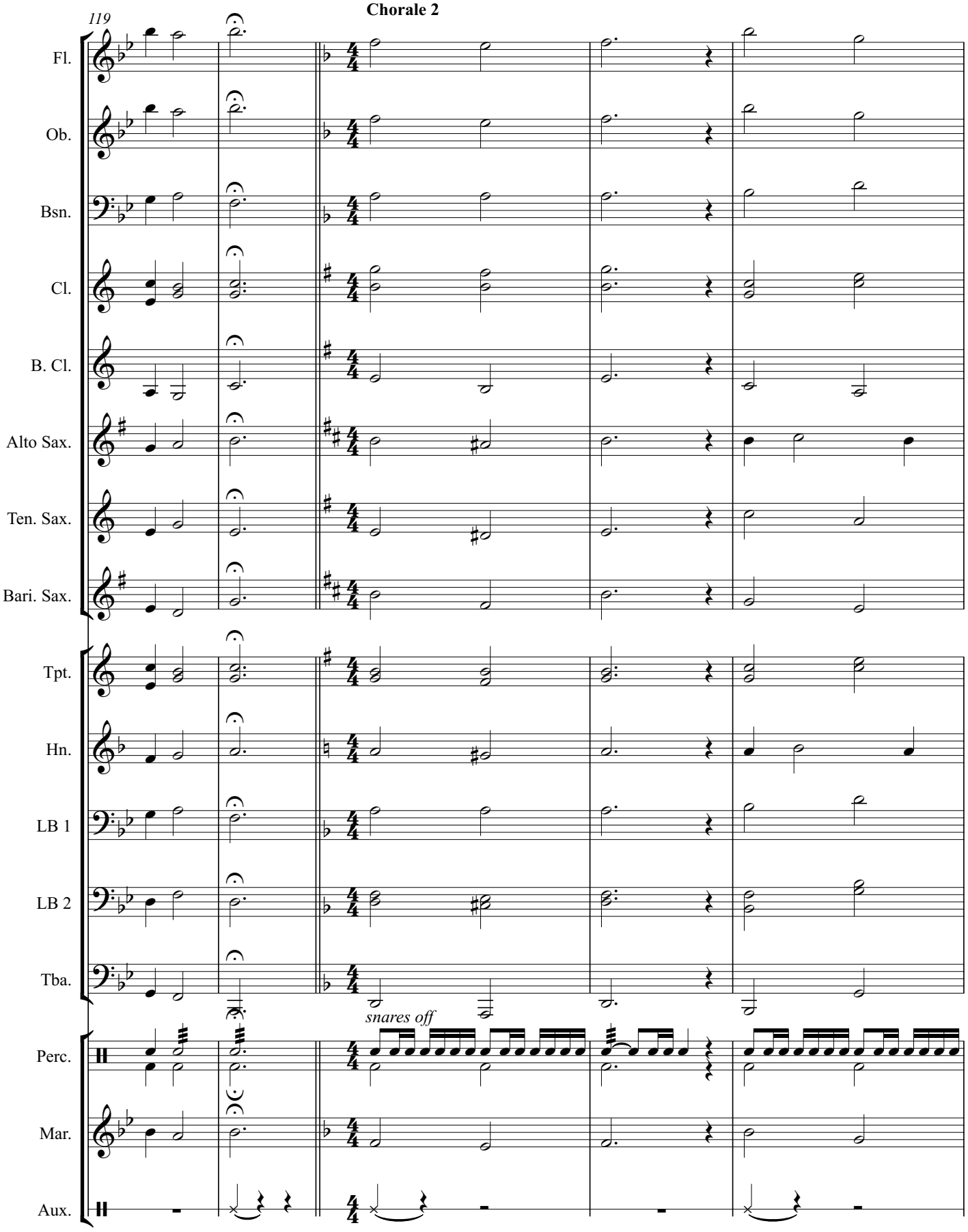
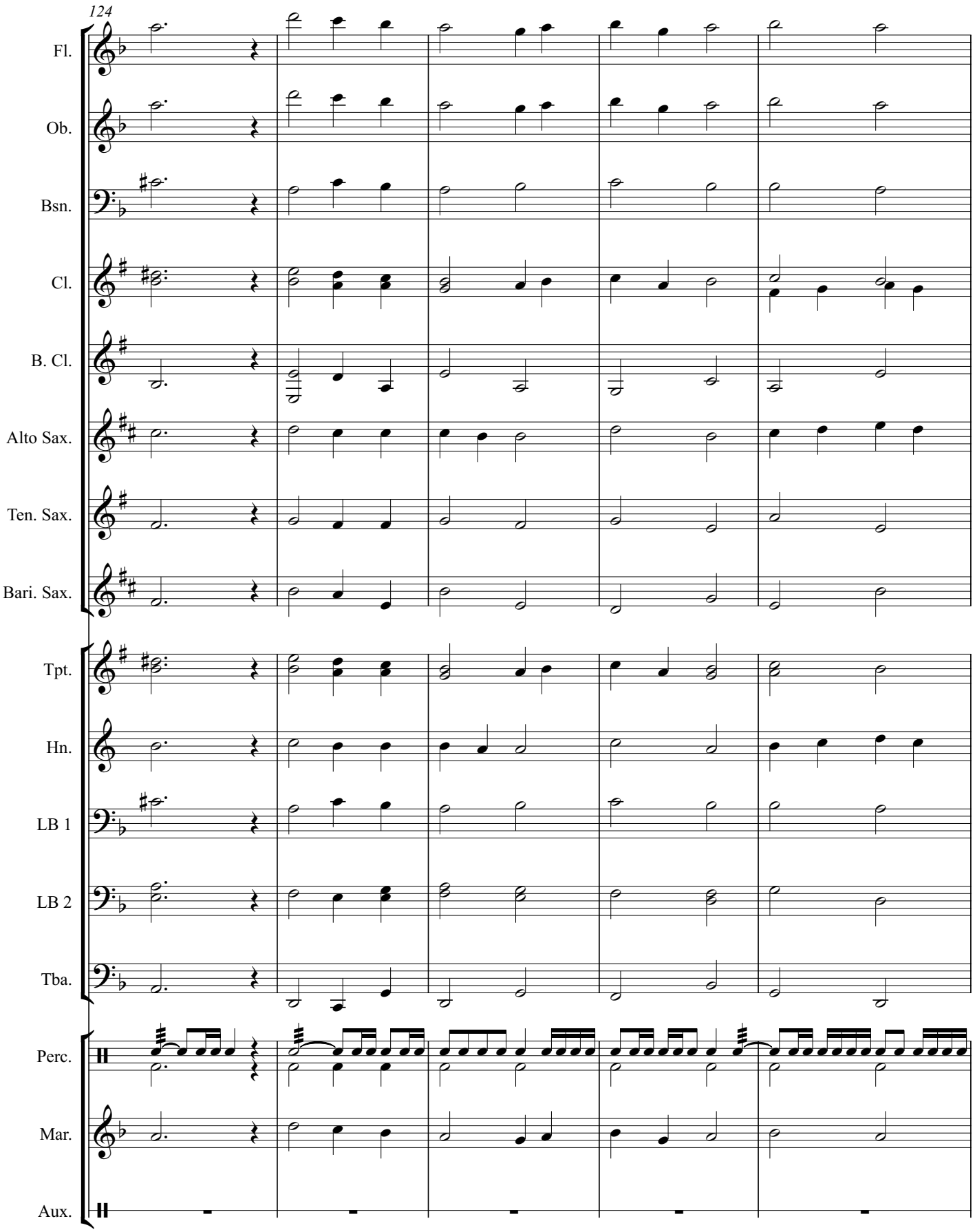

28
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
LL R - etc.
R LL - etc.
L RR - etc.

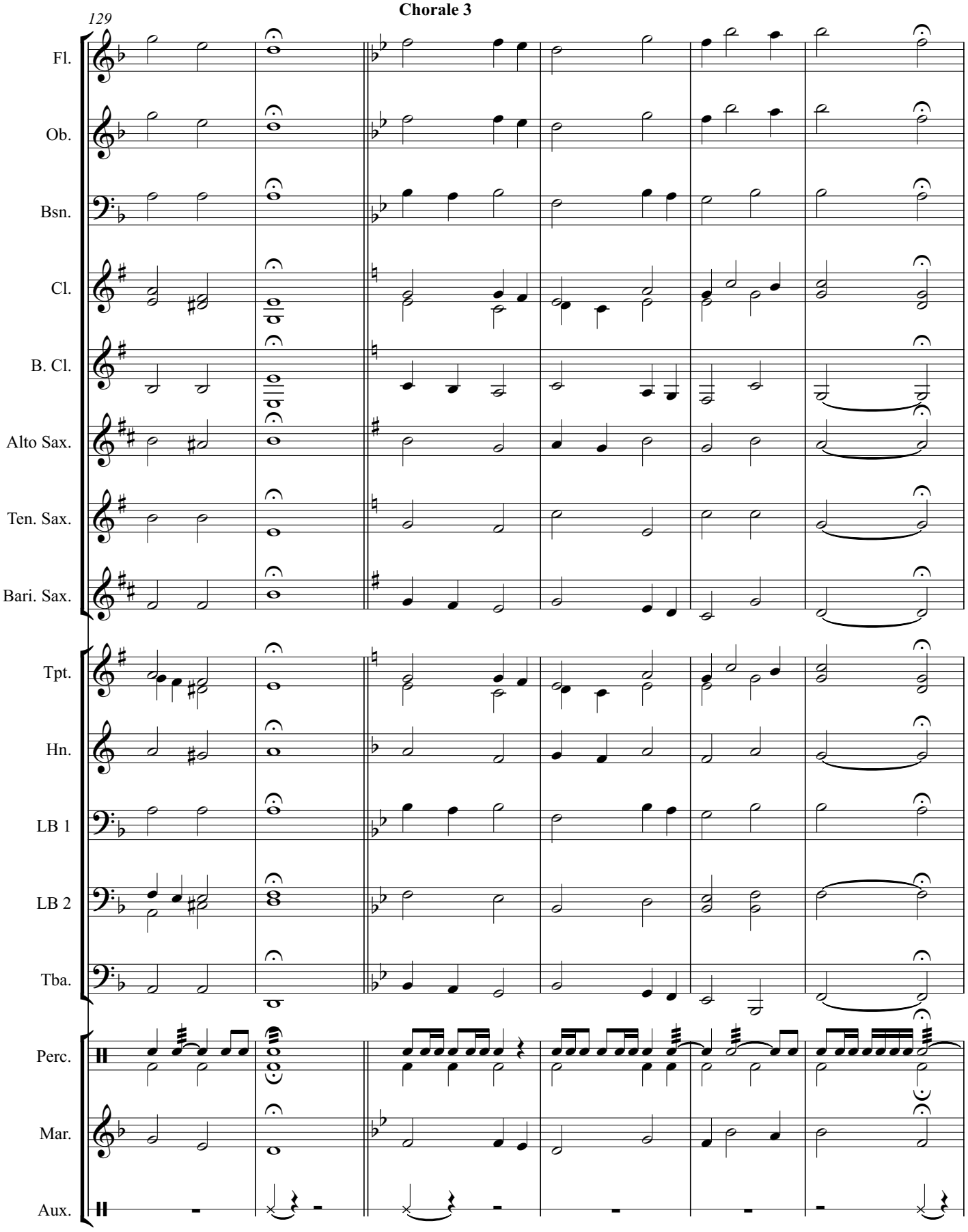
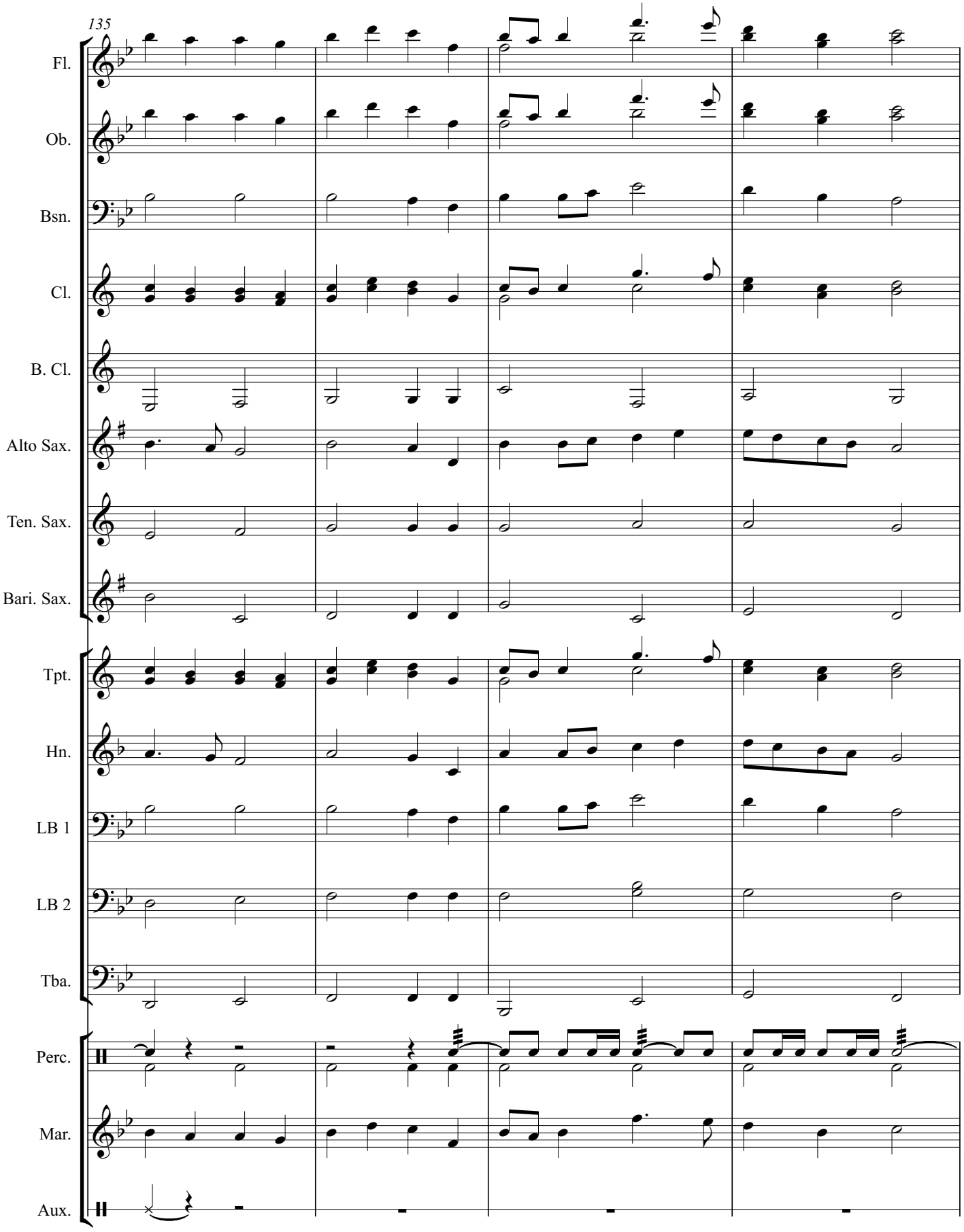
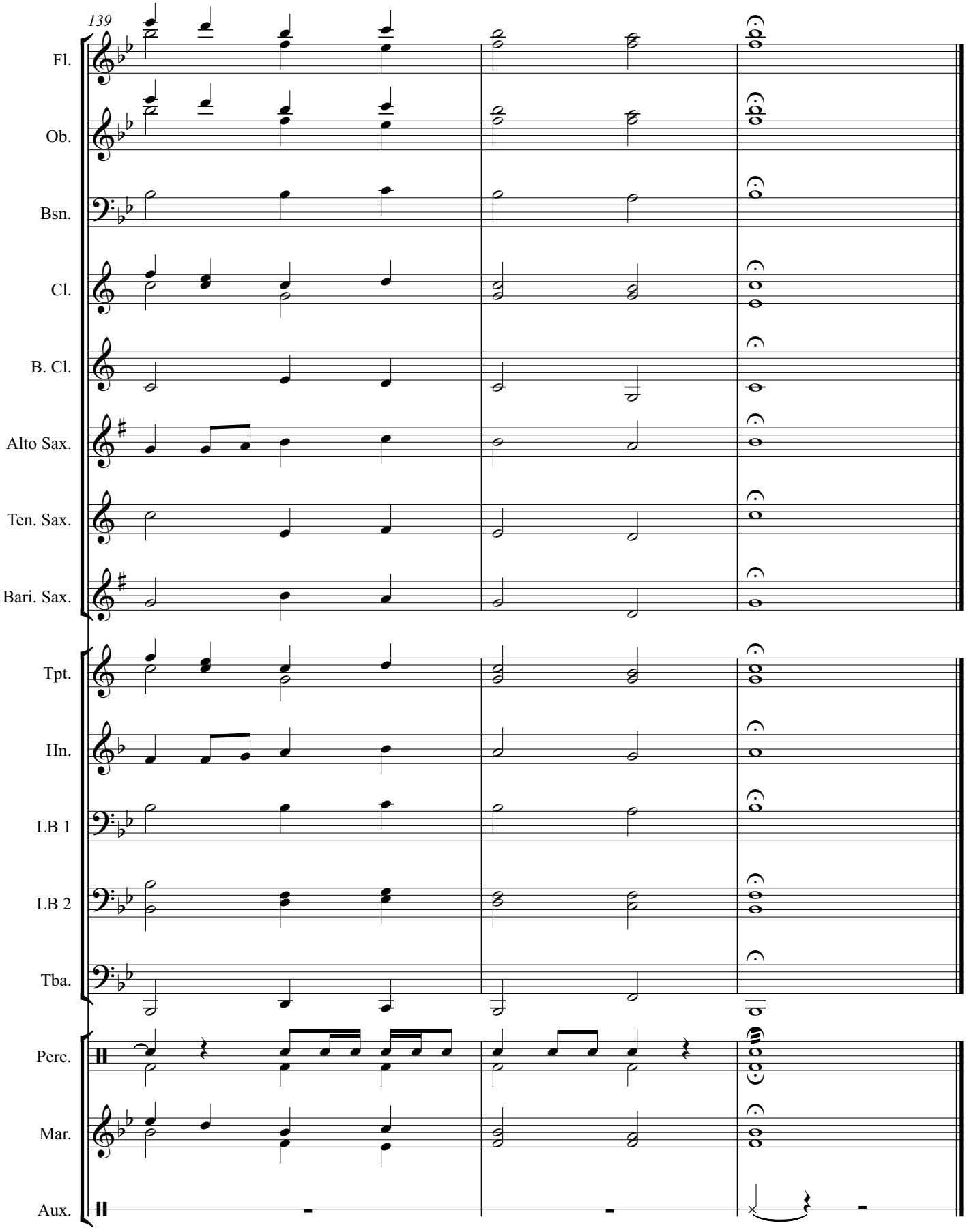

33
Long Tones 3
(Low)
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
Accent Exercise


39
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.


44
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

Flexibility 1
49
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Flam Taps
(L)R
L
(L)R
L
Perc.
Mar.
Aux.

54
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
G# = Ab
G# = Ab
G# = Ab
F# = Gb
F# = Gb
Bb = A#
Bb = A#
(r)L
R
(L)R
(R)L
etc.


59
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
(L)R L R L (L)R L R L
sim.


64
Fl.
F# = Gb
Ob.
F# = Gb
Bsn.
F# = Gb
Cl.
D# = Eb
B. Cl.
G# = Ab
D# = Eb
Alto Sax.
G# = Ab
D# = Eb
Ten. Sax.
G# = Ab
Bari. Sax.
D# = Eb
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
(R)L R L R (R)L R L R
sim.
(L)R (R)L etc.
(L)R R (R)L L (R)R
Mar.
Aux.

Flexibility 2
69
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
T
DO NOT TONGUE!
drags and buzz rolls

74
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

Flexibility 3
79
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
opt. 8va

84
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
opt. 8va

89
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.
opt. 8va

93
Articulation 1
(on scale)
Articulation 2
(on scale)
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

Articulation 3
99
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

104
Art. Exercise
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

Chorale 1 ♩ = 72
111
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

Chorale 2
119
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
snares off
Perc.
Mar.
Aux.

124
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

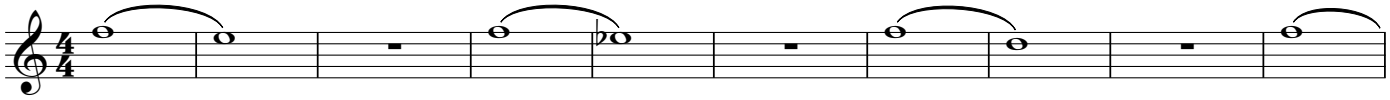
Chorale 3

129
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

135
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

139
Fl.
Ob.
Bsn.
Cl.
B. Cl.
Alto Sax.
Ten. Sax.
Bari. Sax.
Tpt.
Hn.
LB 1
LB 2
Tba.
Perc.
Mar.
Aux.

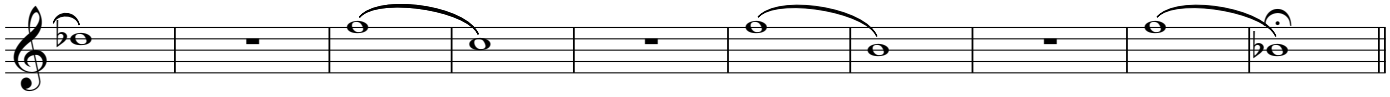
Flute

Symphonic Warm-ups

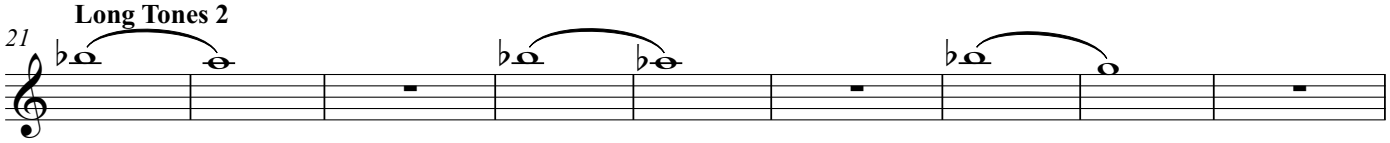
John McAllister

Long Tones 1 ♩ = 100

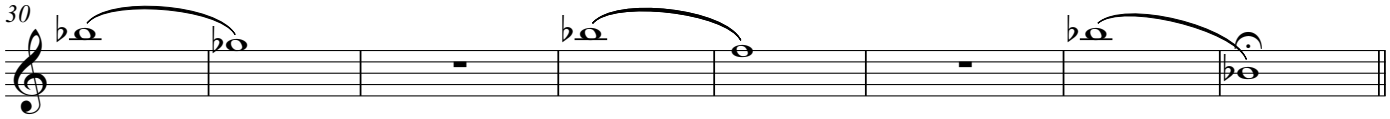


11

Long Tones 2

21

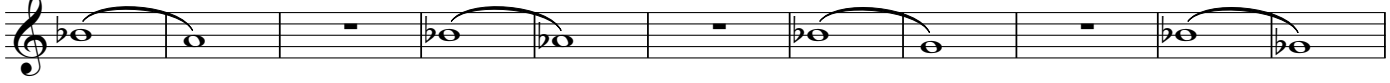


30



Long Tones 3
(Low)

38



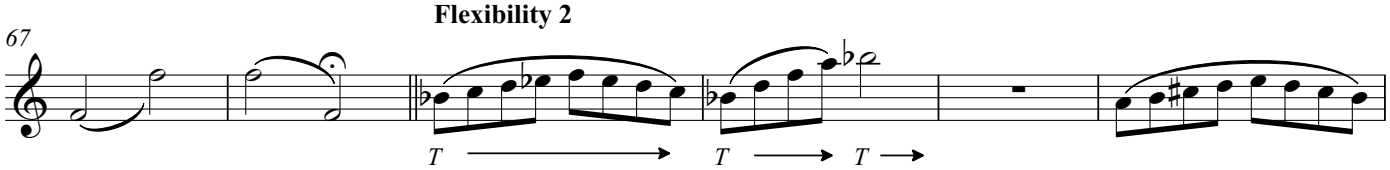
Flexibility 1

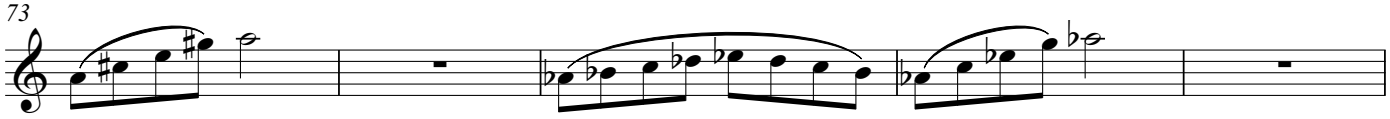
49

58

Flexibility 2

67



73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Flute

Flexibility 3

78

opt. 8va

83

opt. 8va

opt. 8va

89

opt. 8va

93

Articulation 1
(on scale)

96

Articulation 2
(on scale)

Articulation 3

100

3 3 3 3

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

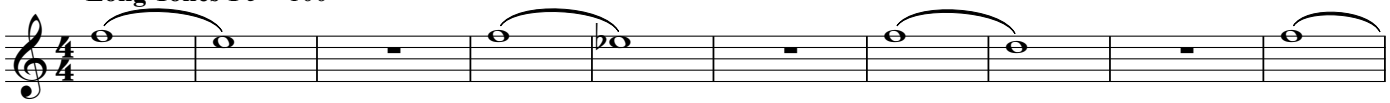
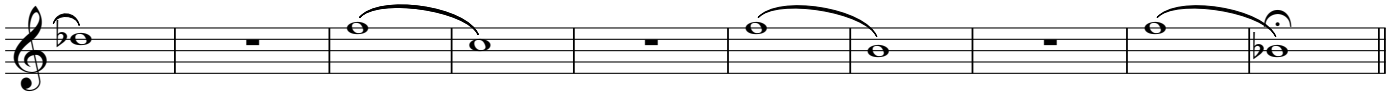
129

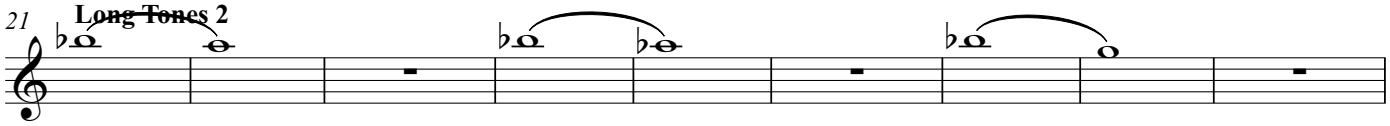
136

Oboe

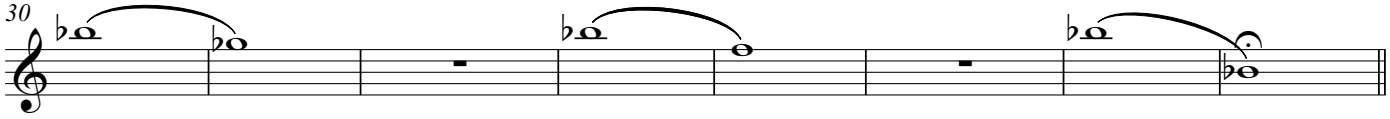
Symphonic Warm-ups

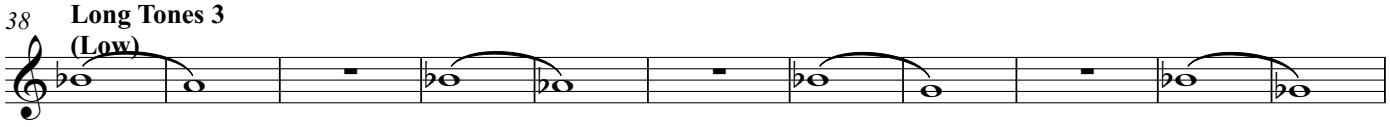
John McAllister

Long Tones 1 ♩ = 100

11

21 **Long Tones 2**



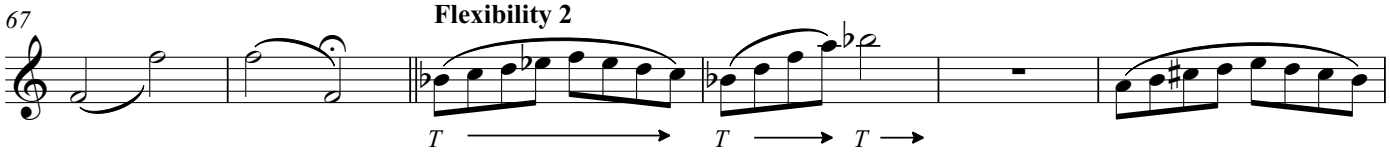
30



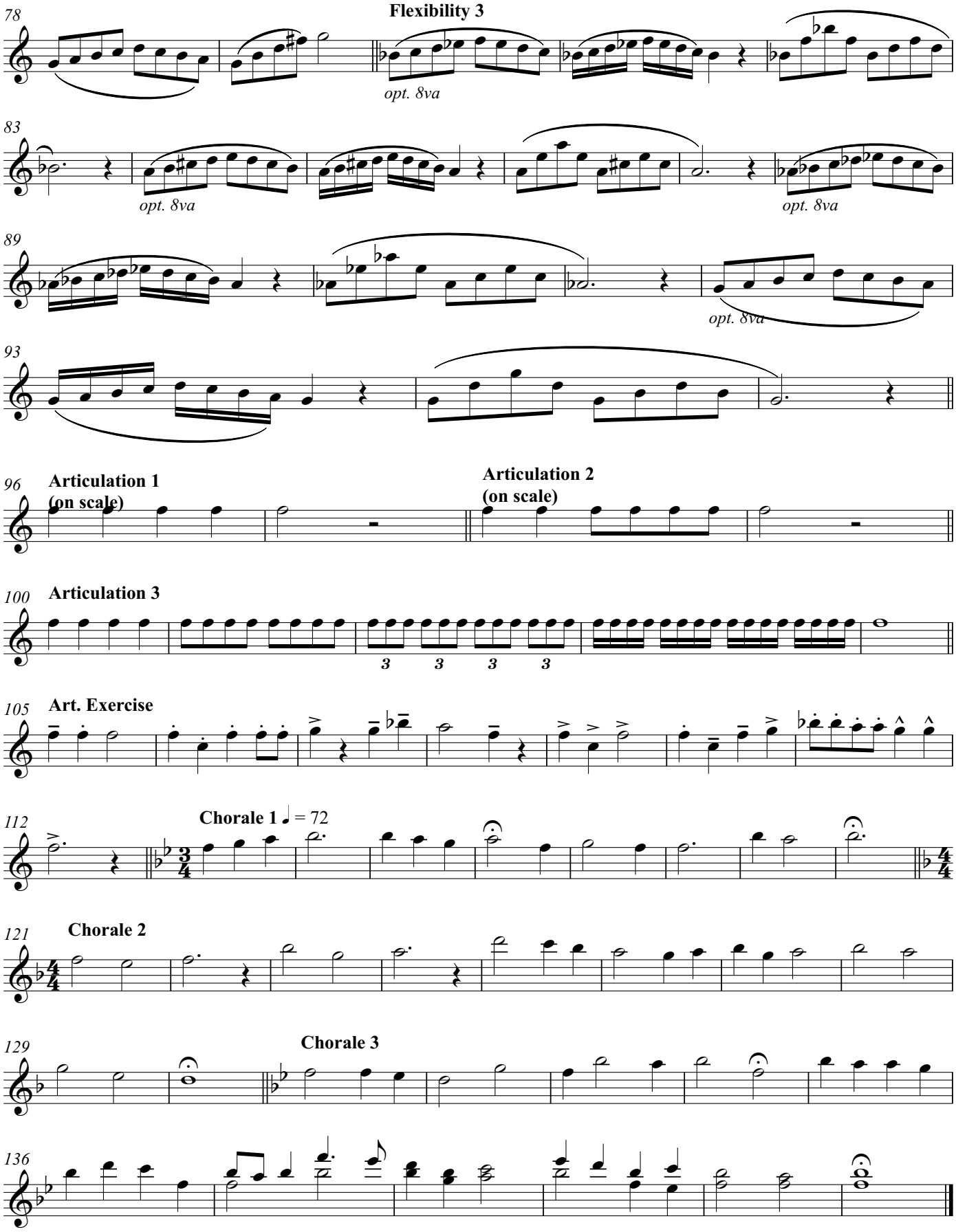
38 **Long Tones 3 (Low)**

49 **Flexibility 1**

58

67 **Flexibility 2**



73

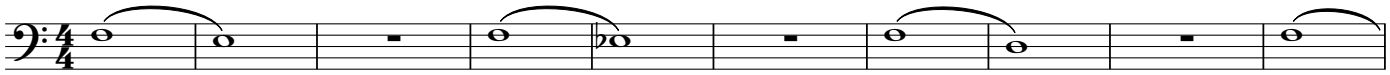
Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

78
Flexibility 3
opt. 8va
83
opt. 8va
opt. 8va
89
opt. 8va
93
96
Articulation 1
(on scale)
Articulation 2
(on scale)
100
Articulation 3
3 3 3 3
105
Art. Exercise
112
Chorale 1 ♩ = 72
121
Chorale 2
129
Chorale 3
136

Bassoon

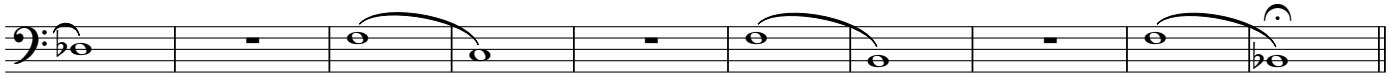
Symphonic Warm-ups

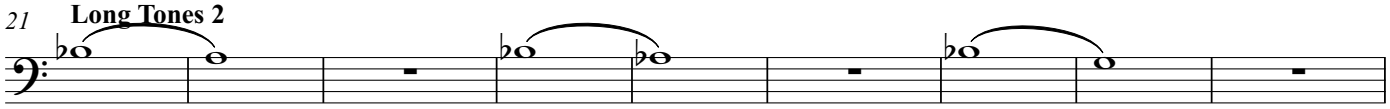
John McAllister

Long Tones 1 ♩ = 100

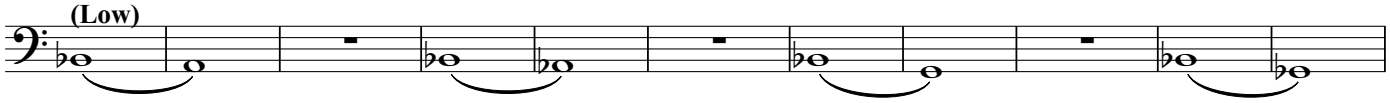


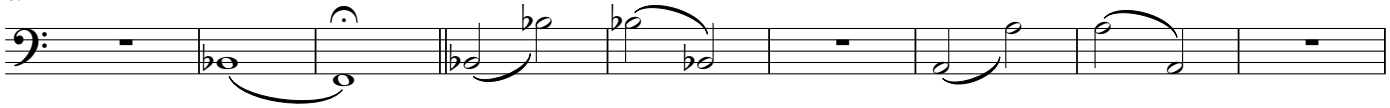
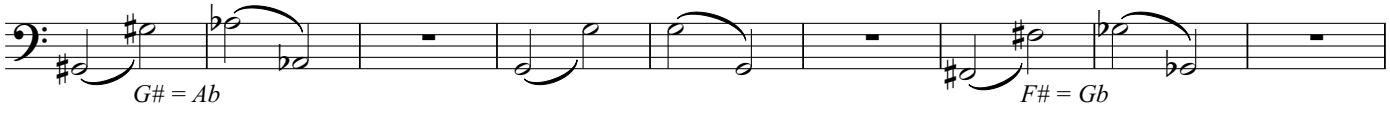
11

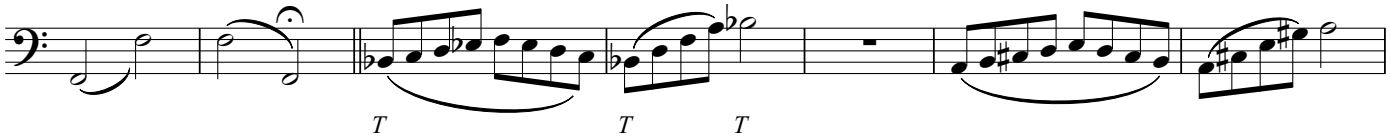


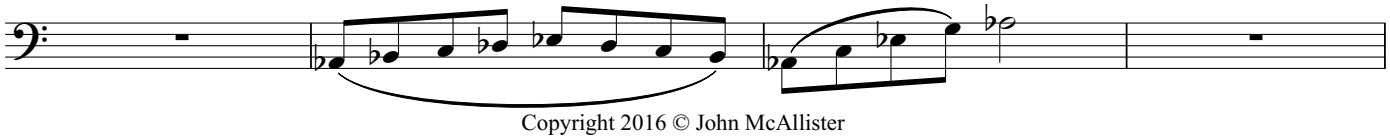
21 **Long Tones 2**

30

38 **Long Tones 3**
(Low)

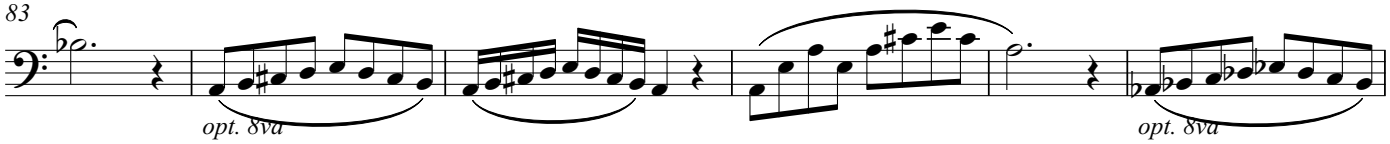
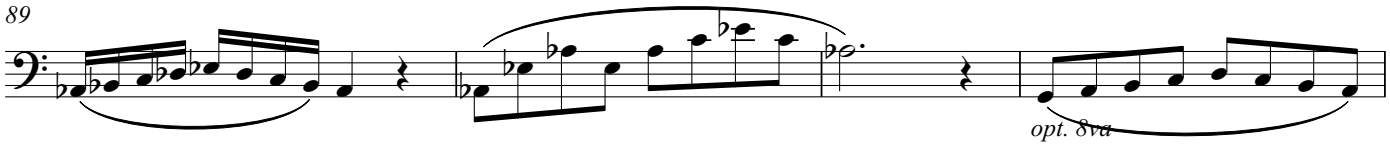
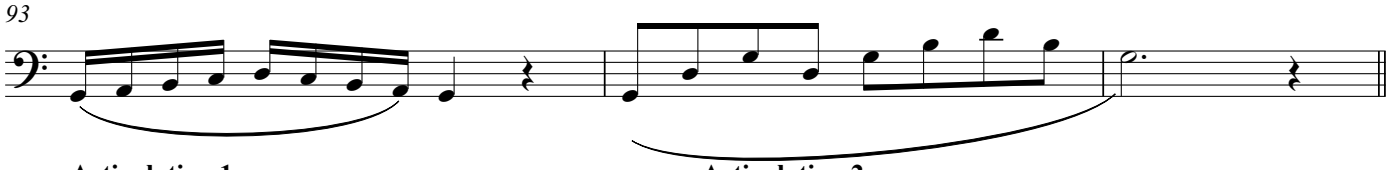
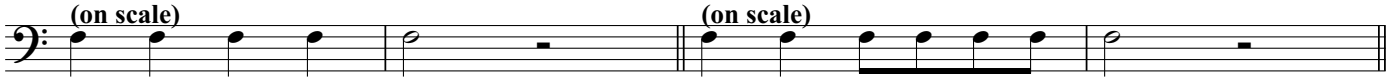
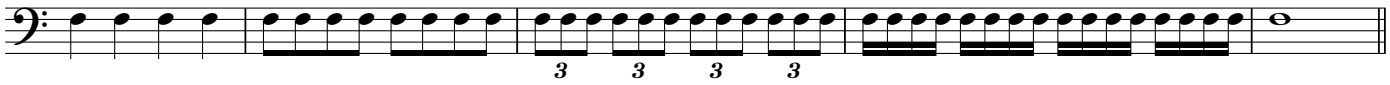
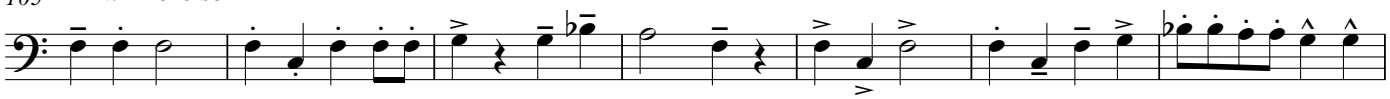
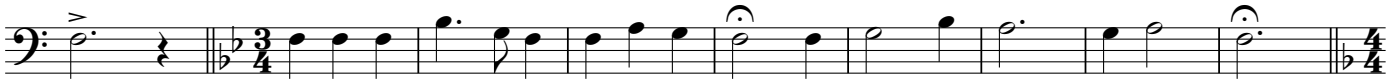
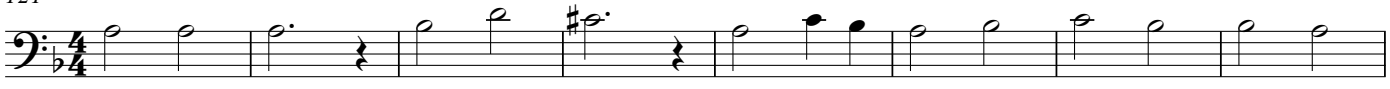
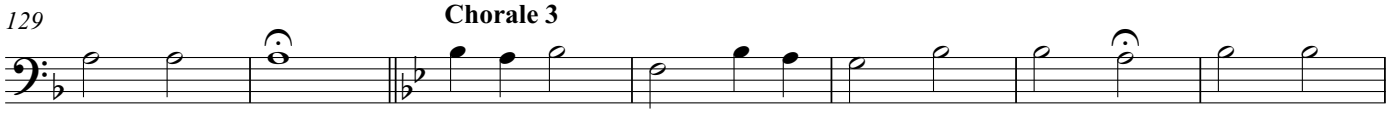
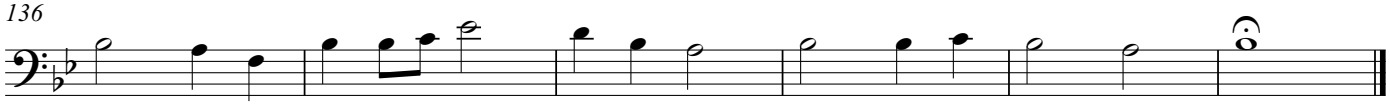


49 **Flexibility 1**

58

67 **Flexibility 2**



74

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

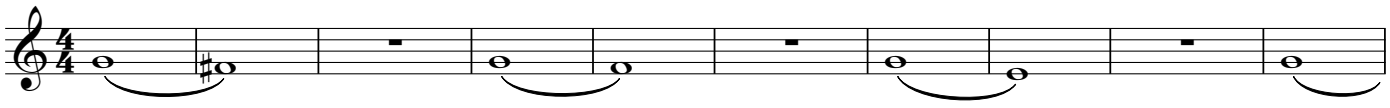
78 **Flexibility 3**

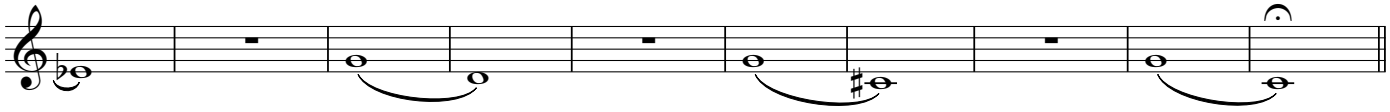
83

89

93

96 **Articulation 1 (on scale)** **Articulation 2 (on scale)**

100 **Articulation 3**

105 **Art. Exercise**

112 **Chorale 1** ♩ = 72

121 **Chorale 2**

129 **Chorale 3**

136

Clarinet

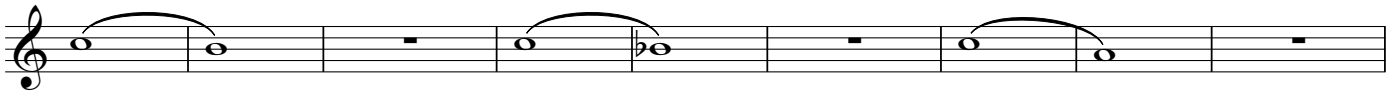
Symphonic Warm-ups

John McAllister

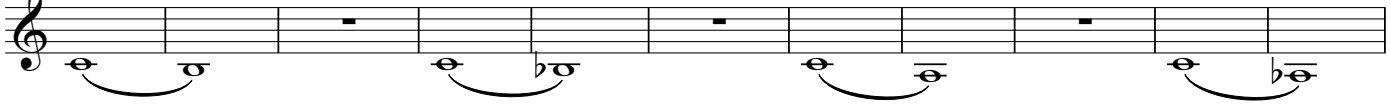
Long Tones 1 ♩ = 100



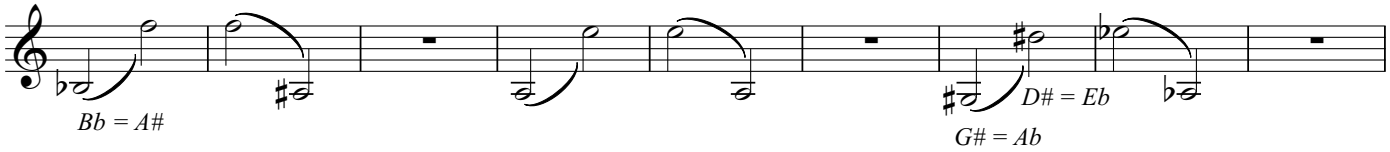
11

Long Tones 2

21

30

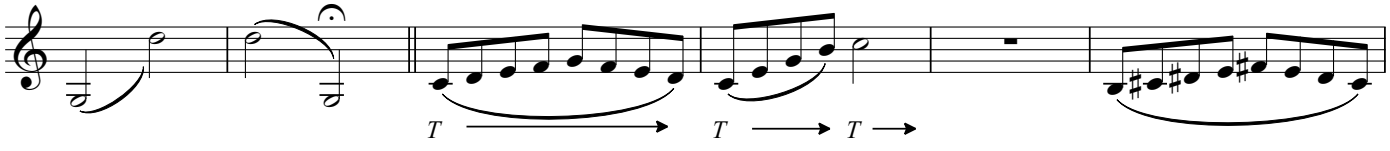
Long Tones 3
(Low)

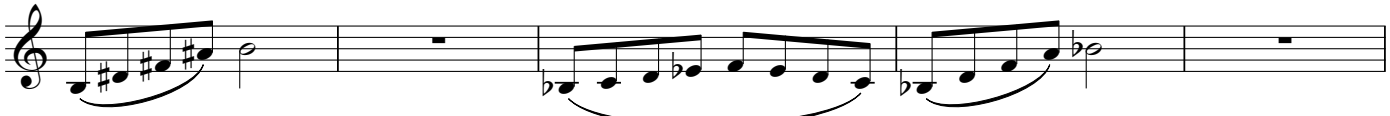
38

Flexibility 1

49

58

Flexibility 2

67



73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Clarinet

Flexibility 3

78

opt. 8va

83

opt. 8va

88

opt. 8va

92

opt. 8va

Articulation 1
(on scale)

96

Articulation 2
(on scale)

Articulation 3

100

3 3 3 3

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

129

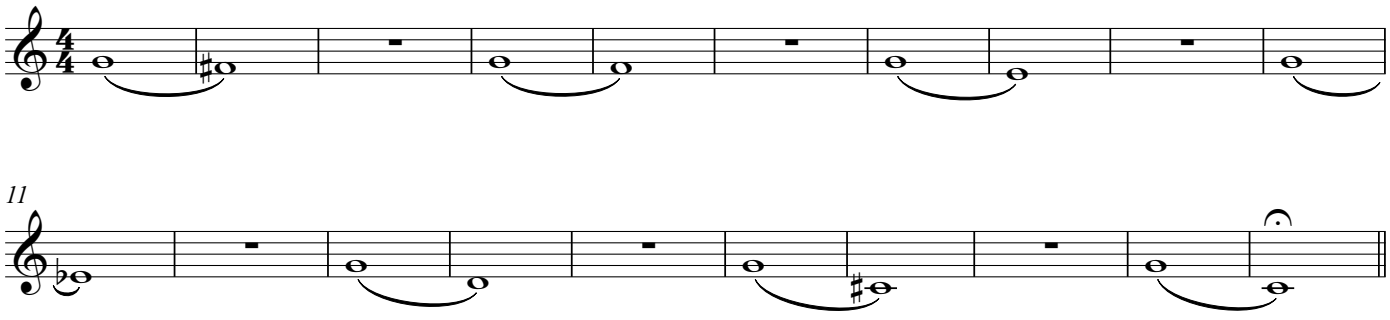
136

Bass Clarinet

Symphonic Warm-ups

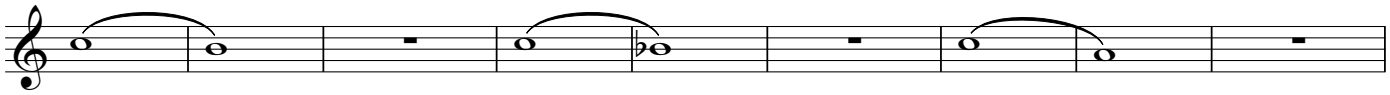
John McAllister

Long Tones 1 ♩ = 100

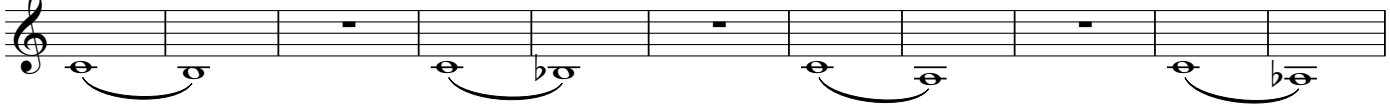


11

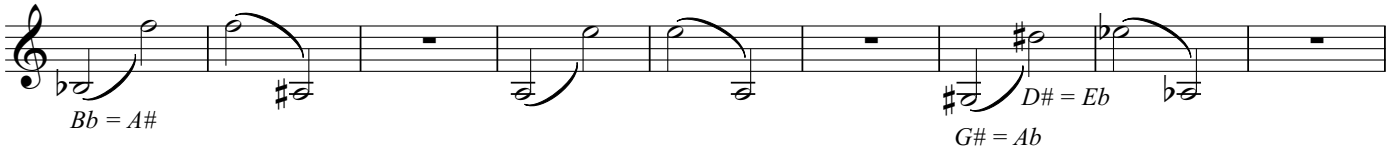
Long Tones 2

21

30

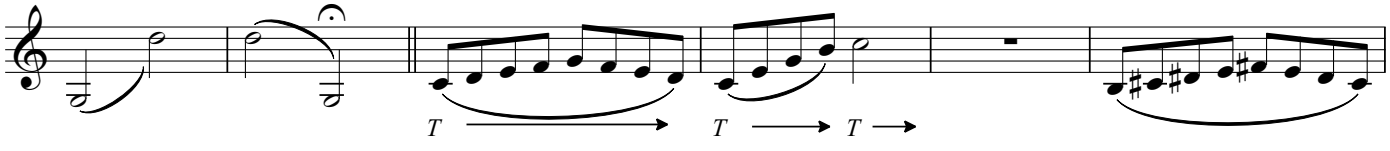
Long Tones 3
(Low)

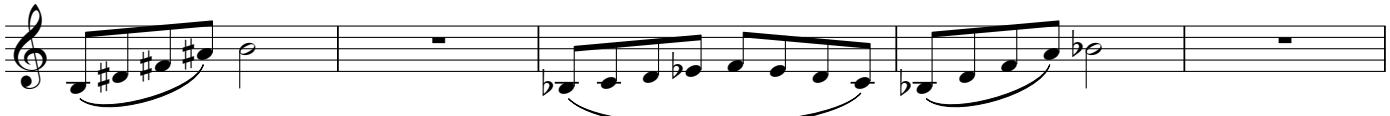
38

Flexibility 1

49

58

Flexibility 2

67



73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Flexibility 3

78

opt. 8va

83

opt. 8va

88

opt. 8va

92

opt. 8va

Articulation 1
(on scale)

Articulation 2
(on scale)

96

Articulation 3

100

3 3 3 3

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

130

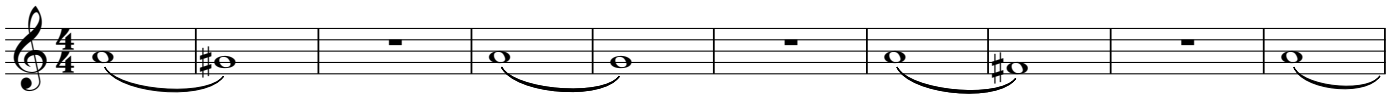
136

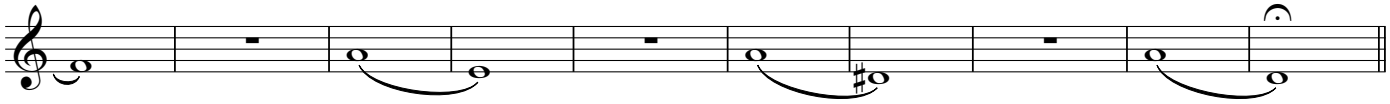
Alto Saxophone

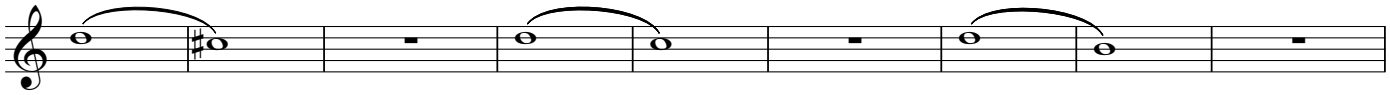
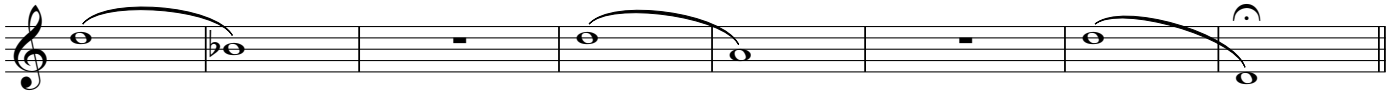
Symphonic Warm-ups

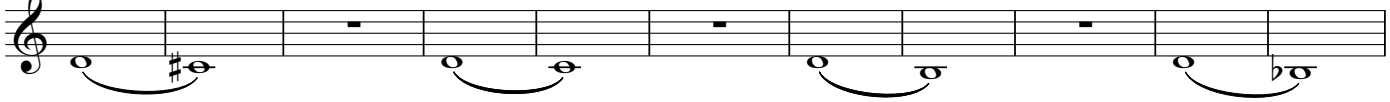
John McAllister

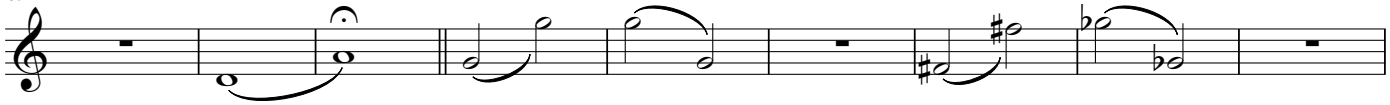
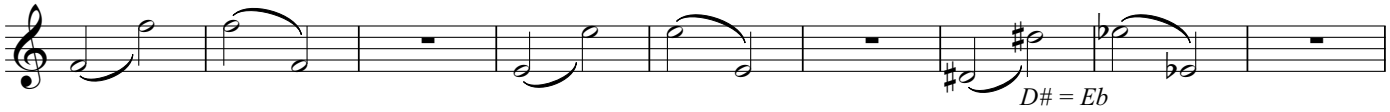
Long Tones 1 ♩ = 100



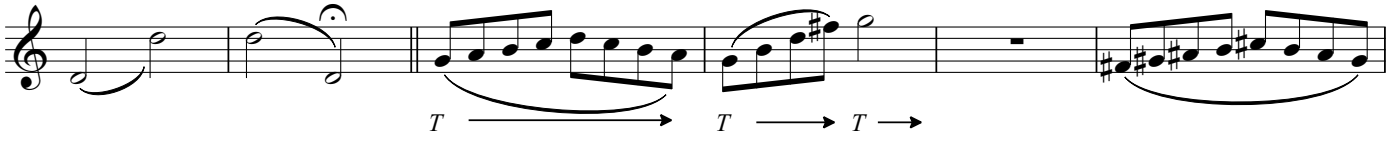
11

Long Tones 2

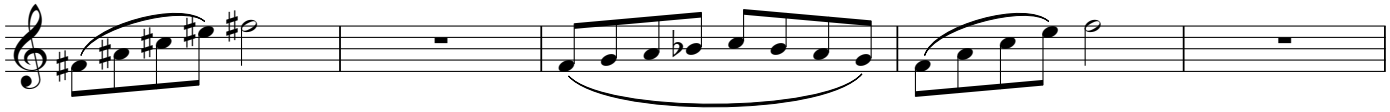
21

30

Long Tones 3
(Low)

38

Flexibility 1

49

58

Flexibility 2

67



73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Flexibility 3

78

83

89

93

Articulation 1
(on scale)

Articulation 2
(on scale)

96

Articulation 3

100

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

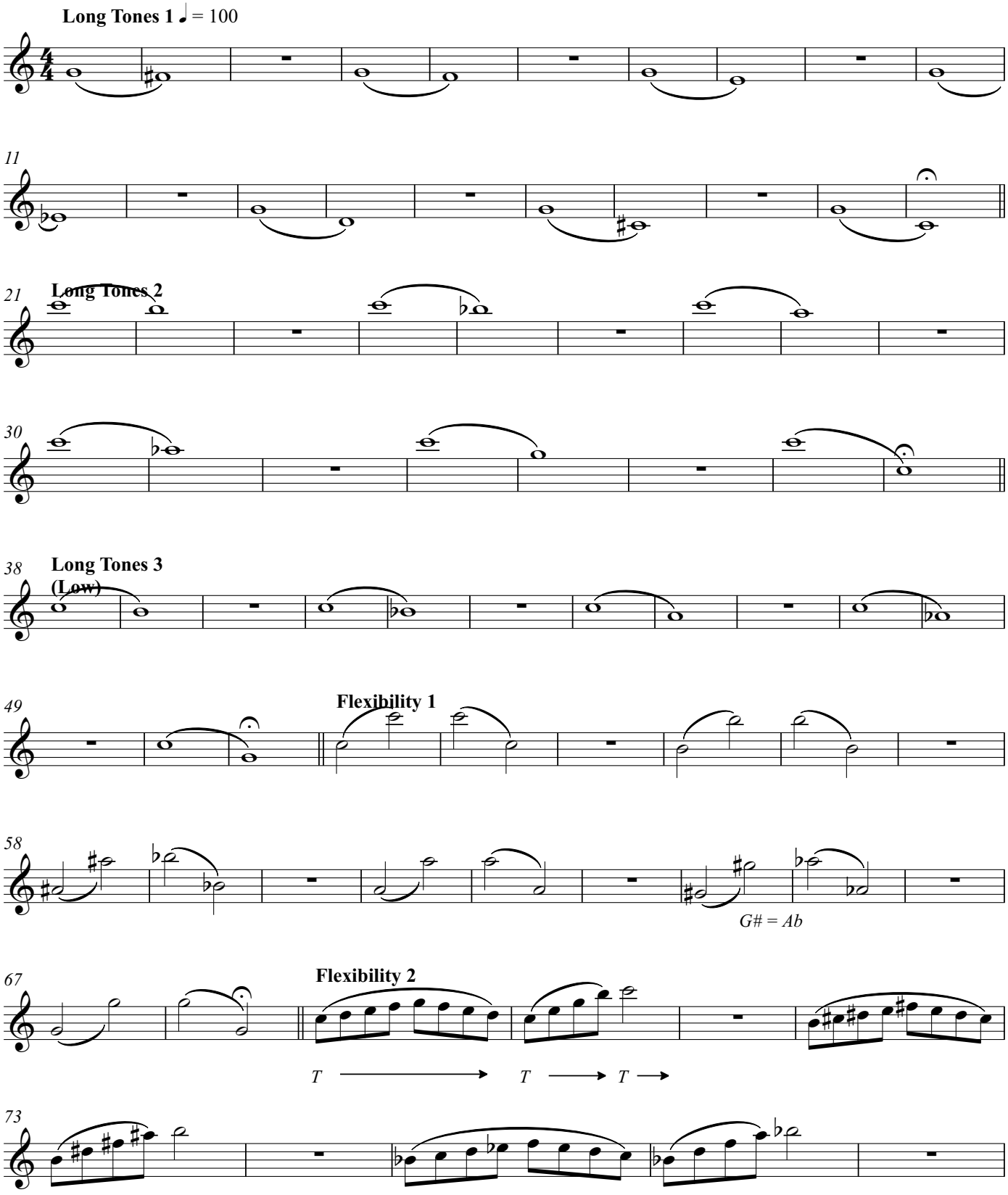
Chorale 3

129

136

Tenor Saxophone

Symphonic Warm-ups

John McAllister

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

78 **Flexibility 3**

83 *opt. 8va* *opt. 8va*

89 *opt. 8va*

93

96 **Articulation 1 (on scale)** **Articulation 2 (on scale)**

100 **Articulation 3**

105 **Art. Exercise**

112 **Chorale 1** ♩ = 72

121 **Chorale 2**

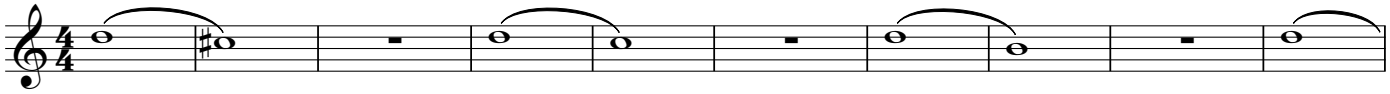
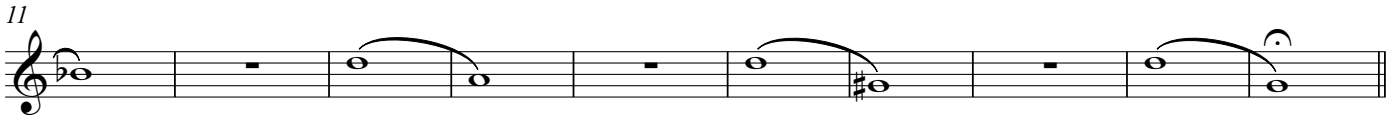
130 **Chorale 3**

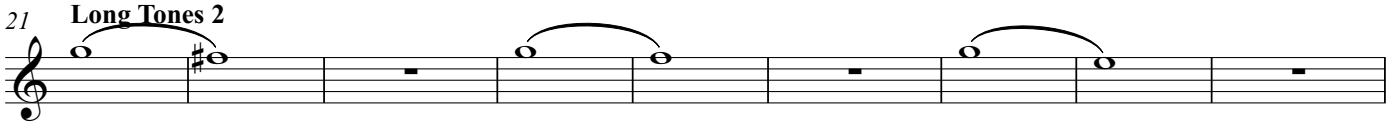
136

Baritone Saxophone

Symphonic Warm-ups

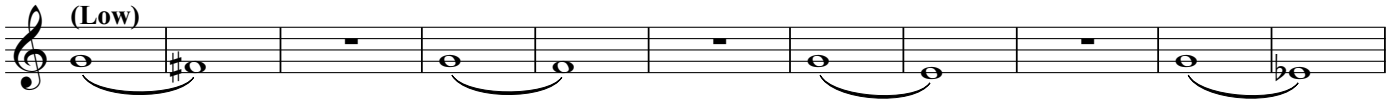
John McAllister

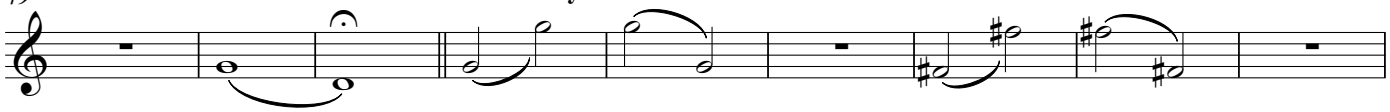
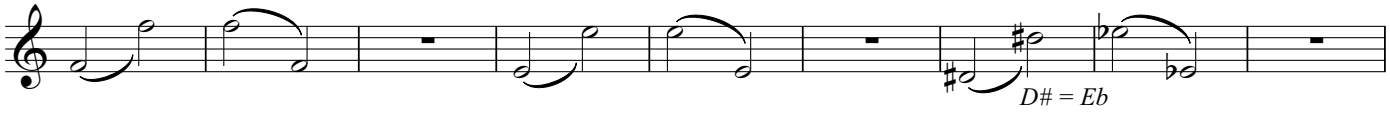
Long Tones 1 ♩ = 100

11

21 **Long Tones 2**

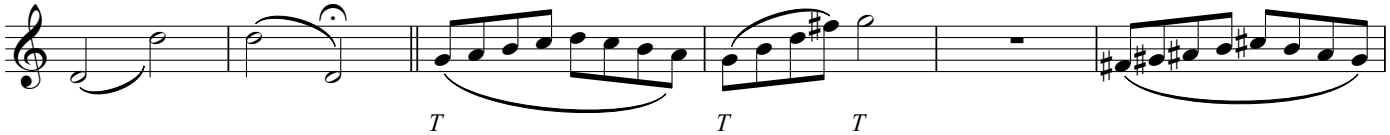


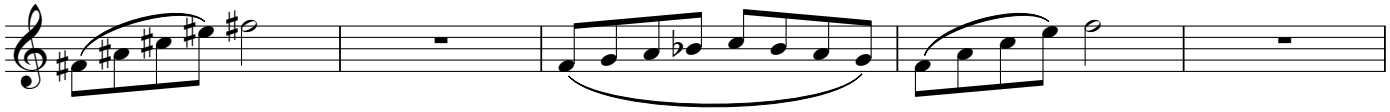
30

38 **Long Tones 3**
(Low)



49 **Flexibility 1**

58

67 **Flexibility 2**



73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

78 **Flexibility 3**

83 *opt. 8va* *opt. 8va*

89 *opt. 8va*

93

96 **Articulation 1 (on scale)** **Articulation 2 (on scale)**

100 **Articulation 3**

105 **Art. Exercise**

112 **Chorale 1** ♩ = 72

121 **Chorale 2**

130 **Chorale 3**

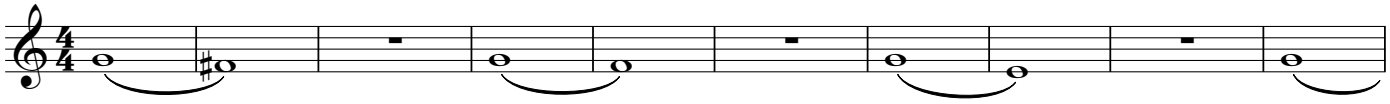
136

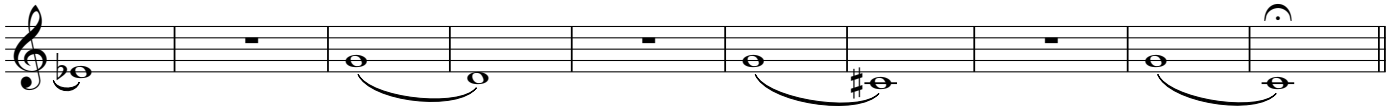
Trumpet

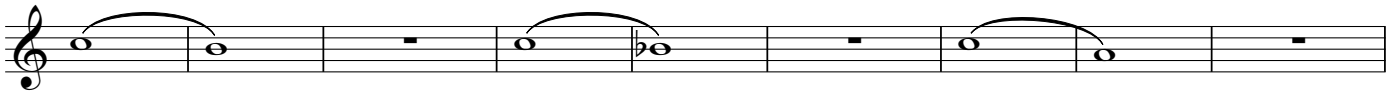
Symphonic Warm-ups

John McAllister

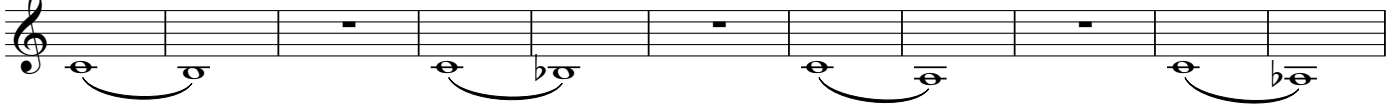
Long Tones 1 ♩ = 100

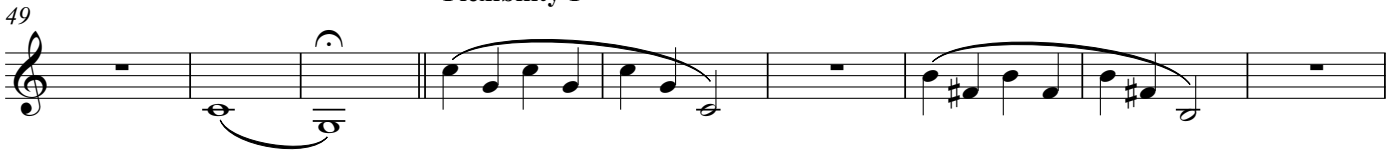


11

Long Tones 2

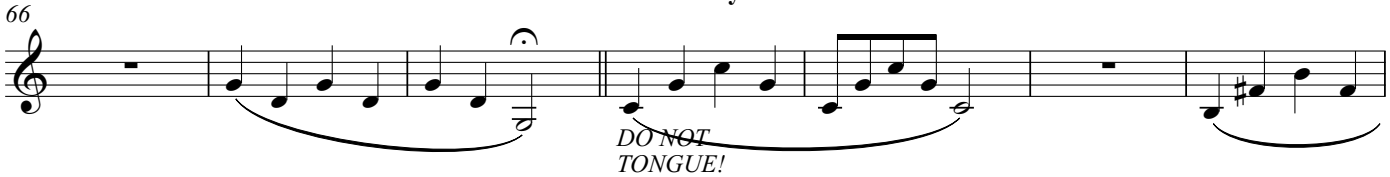
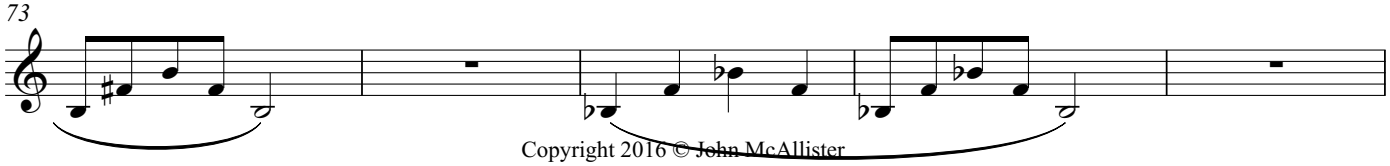
21

30

Long Tones 3
(Low)

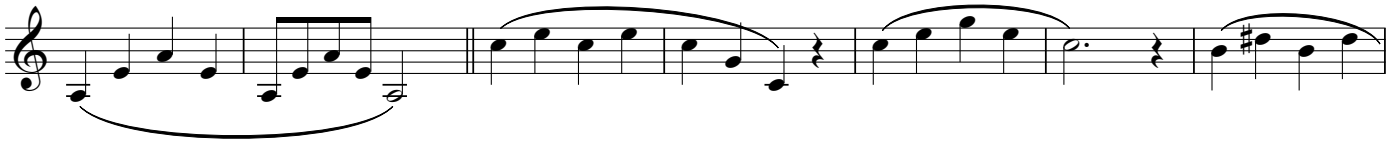
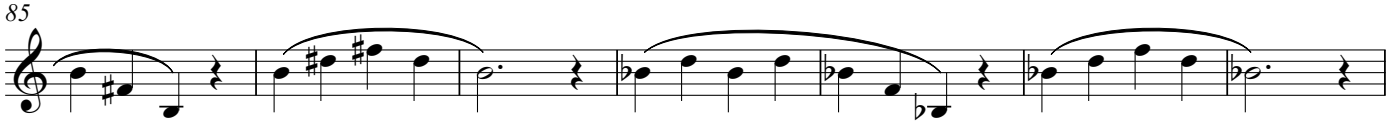
38

Flexibility 1

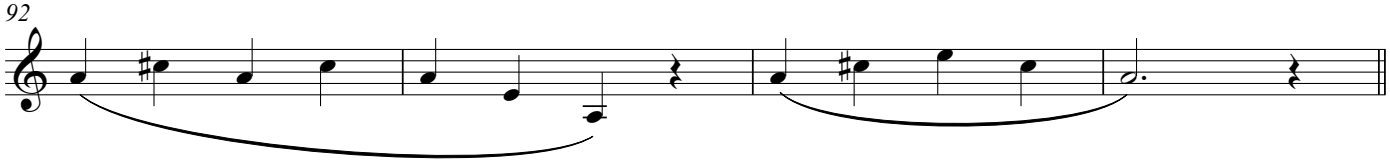
49

58

Flexibility 2

66

73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

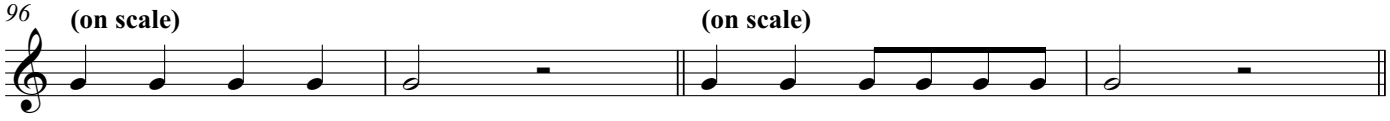
Flexibility 3 Trumpet

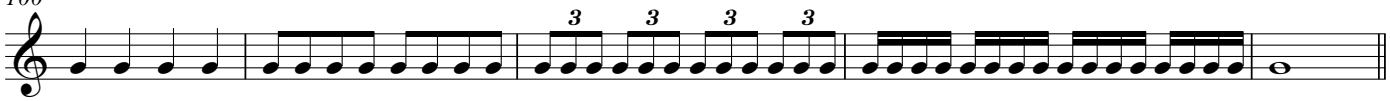
78

85

92

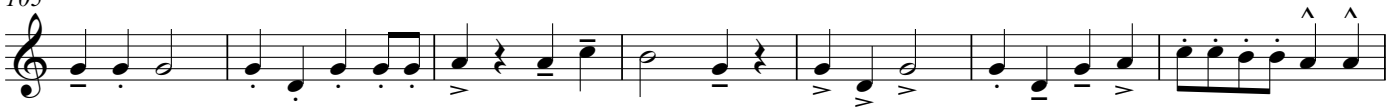


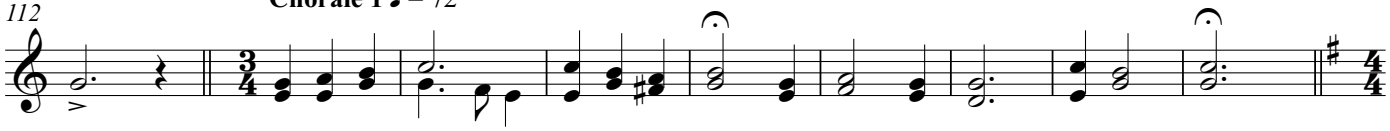
Articulation 1
(on scale)

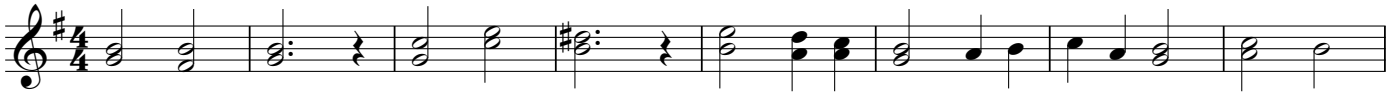
Articulation 2
(on scale)

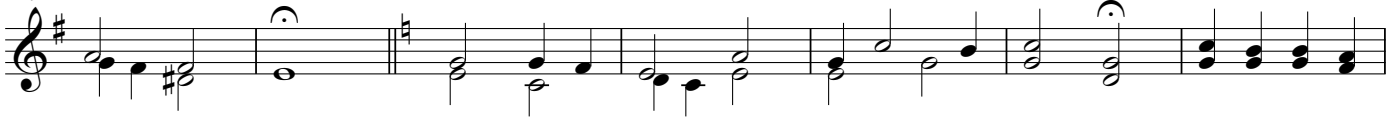
96

Articulation 3

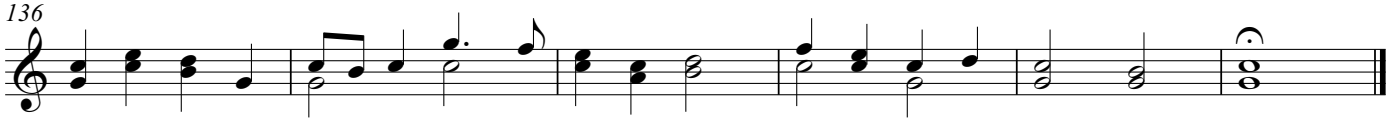
100

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

129

136

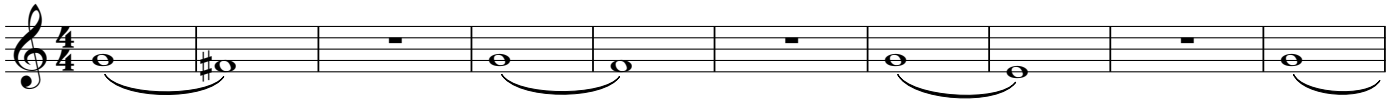


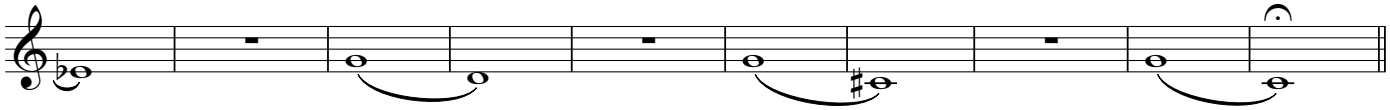
Horn

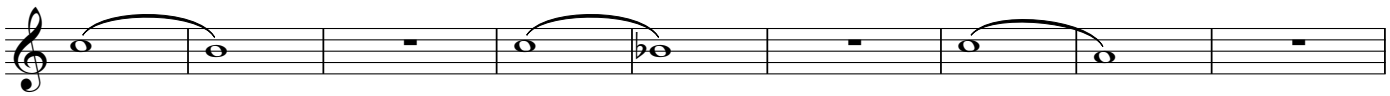
Symphonic Warm-ups

John McAllister

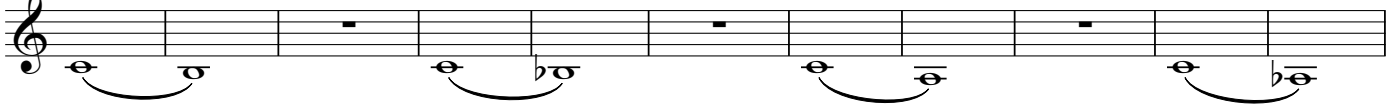
Long Tones 1 ♩ = 100



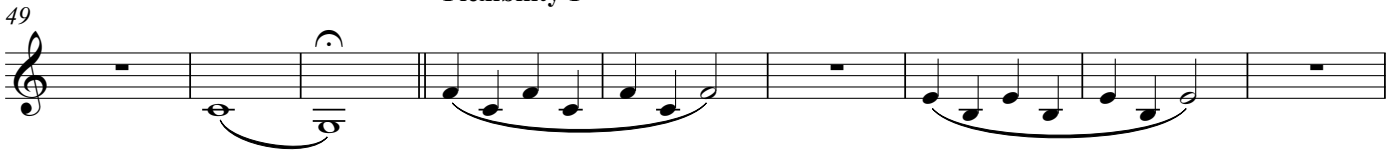
11

Long Tones 2

21

30

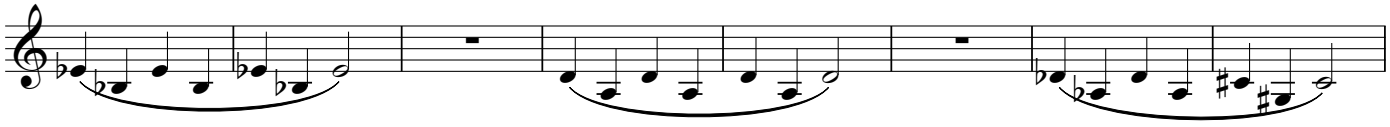
Long Tones 3
(Low)

38

Flexibility 1

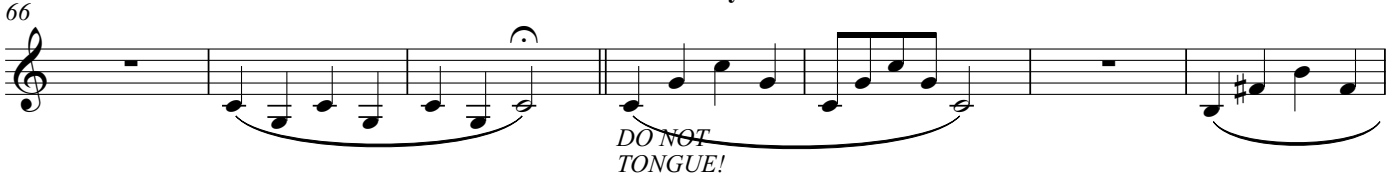
49

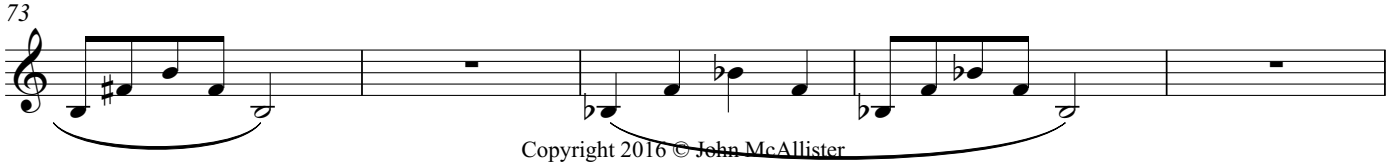


58



Flexibility 2

66

DO NOT TONGUE!

73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Flexibility 3 Horn

78

85

92

96

Articulation 1
(on scale)

Articulation 2
(on scale)

100

Articulation 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

129

Chorale 3

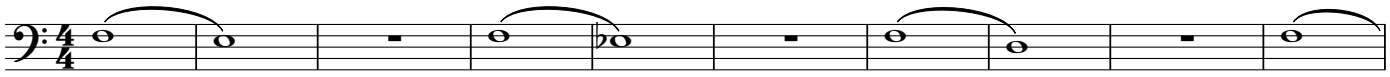
136

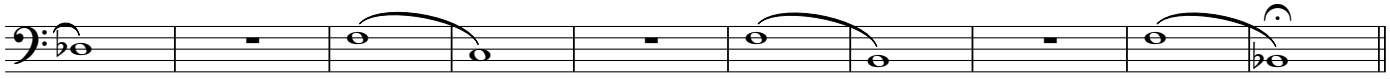
Low Brass 1

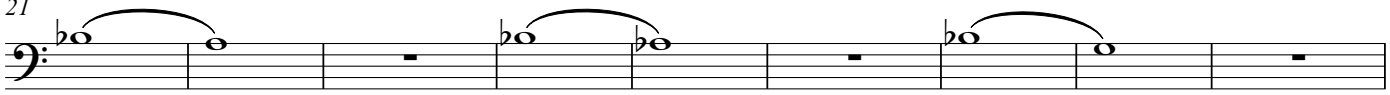
Symphonic Warm-ups

John McAllister

Long Tones 1 ♩ = 100



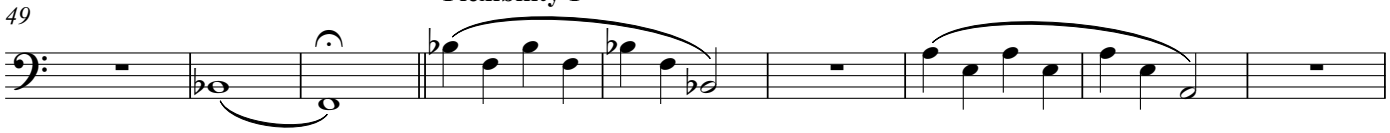
11

Long Tones 2

21

30

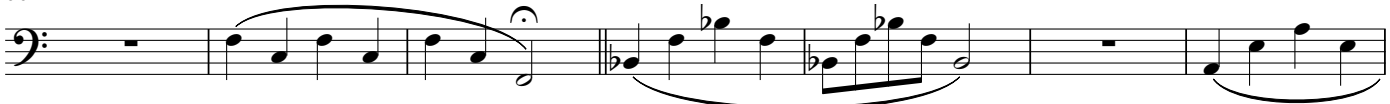
Long Tones 3
(Low)

38

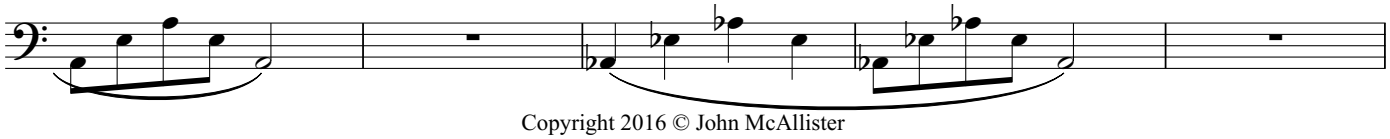
Flexibility 1

49

58

Flexibility 2

66

DO NOT
TONGUE!

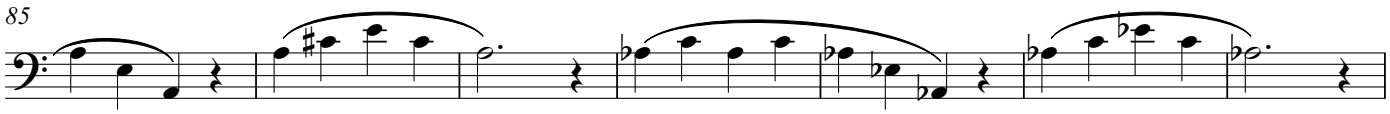
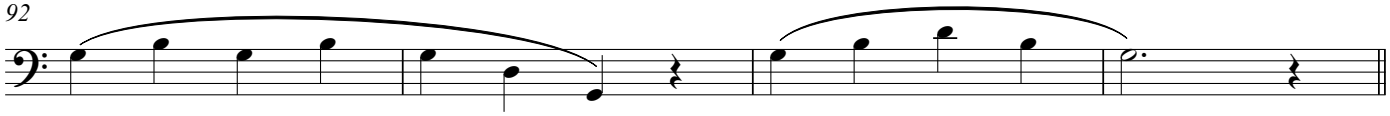
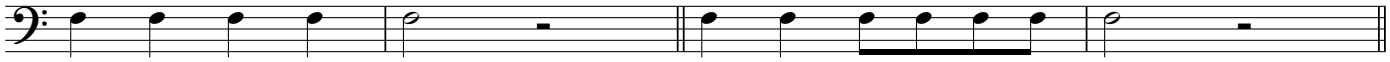
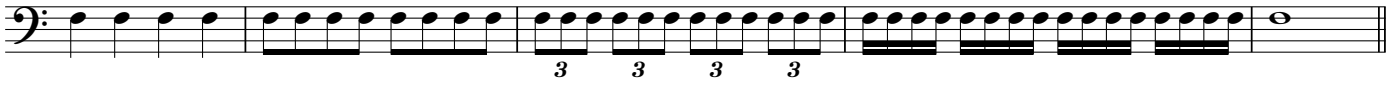
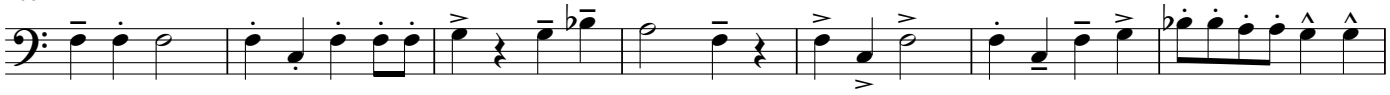
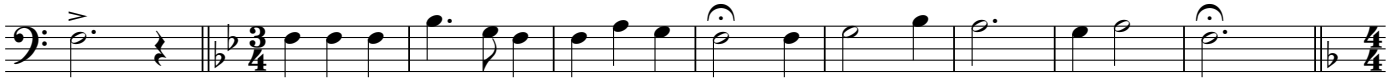
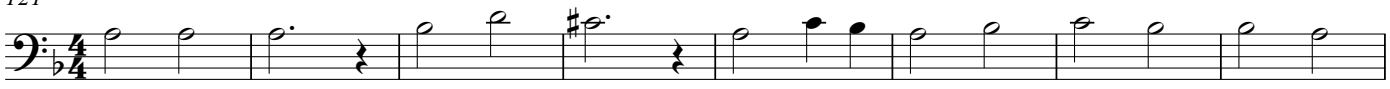
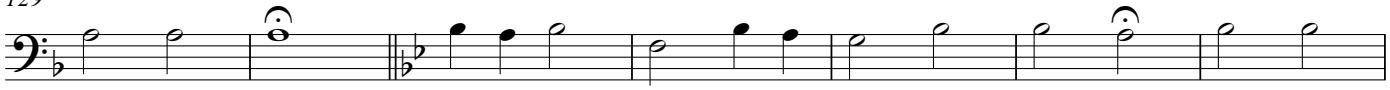
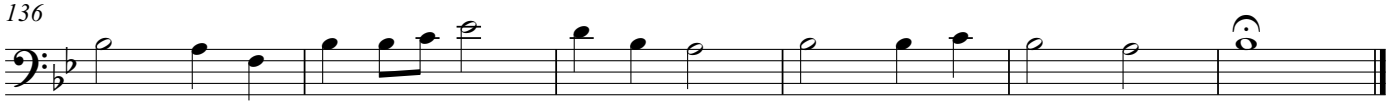
73



Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Flexibility 3

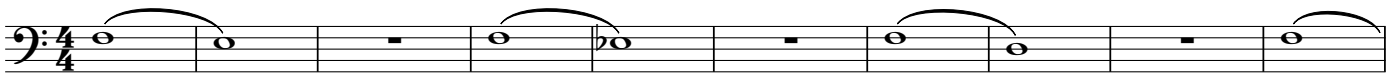
78

85

92

96 **Articulation 1 (on scale)** **Articulation 2 (on scale)**

100 **Articulation 3**

105 **Art. Exercise**

112 **Chorale 1** ♩ = 72

121 **Chorale 2**

129 **Chorale 3**

136

Low Brass 2

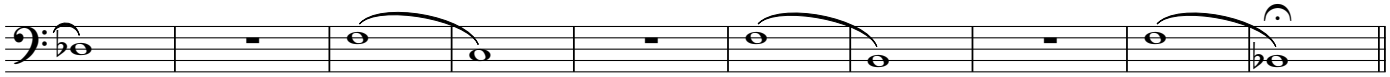
Symphonic Warm-ups

John McAllister

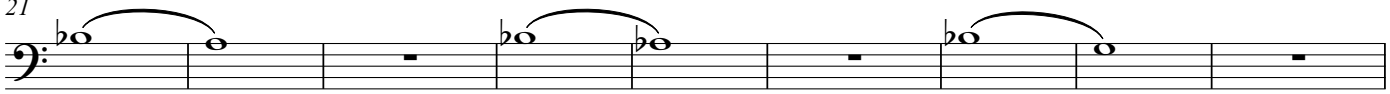
Long Tones 1 ♩ = 100



11



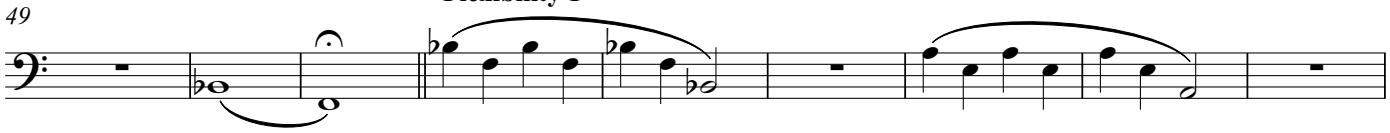
Long Tones 2

21

30

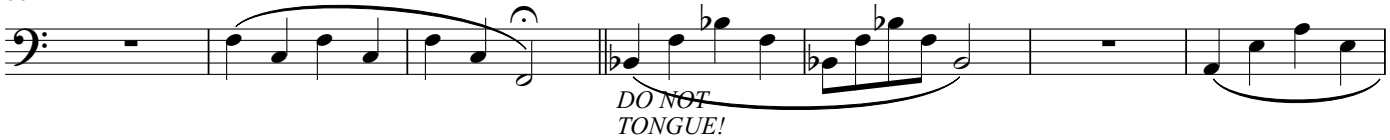
Long Tones 3
(Low)

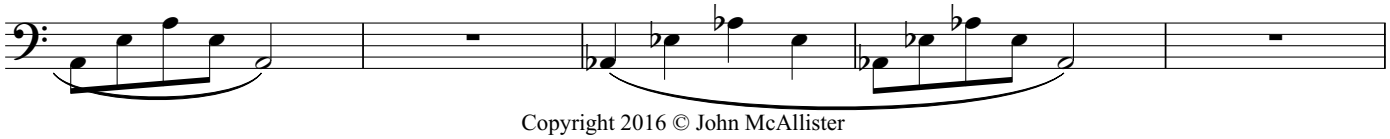
38

Flexibility 1

49

58

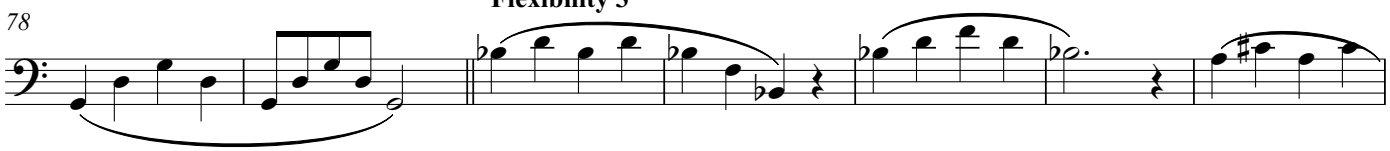
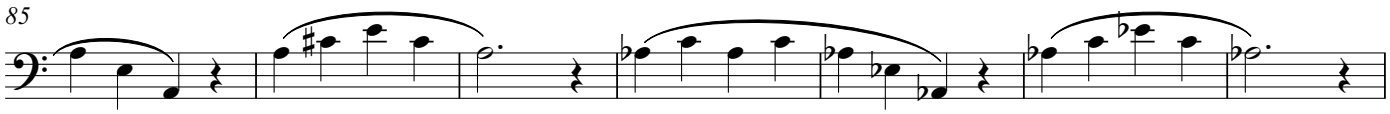
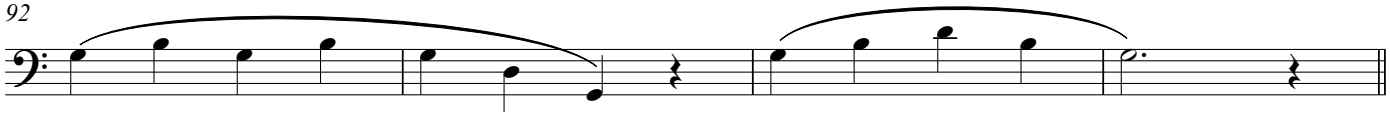
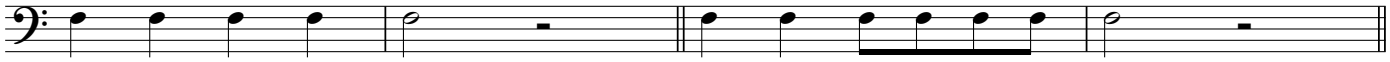
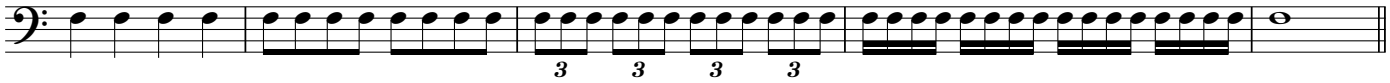
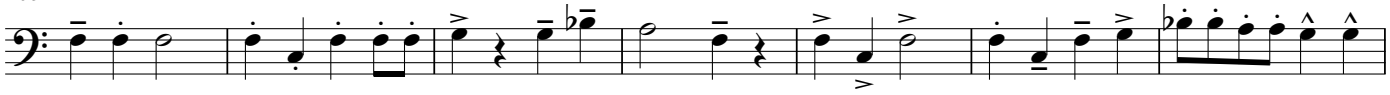
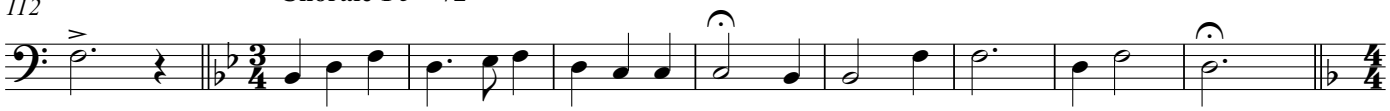
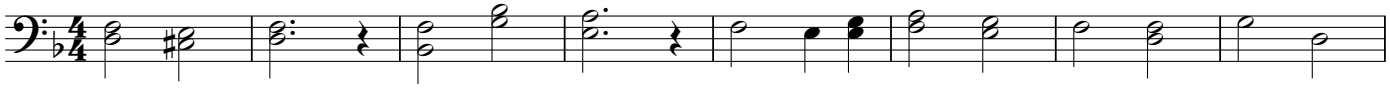
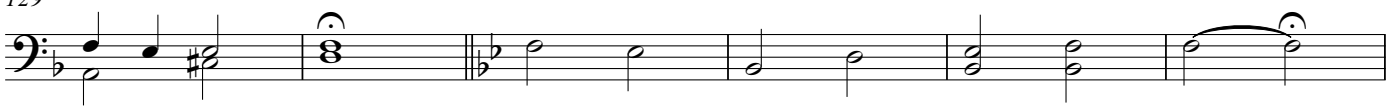
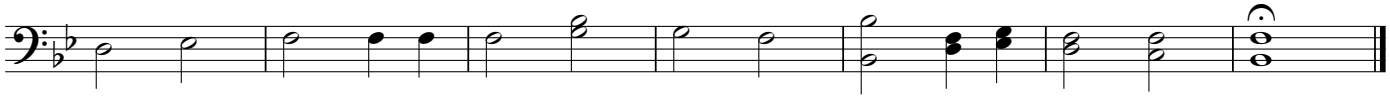
Flexibility 2

66

73



Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

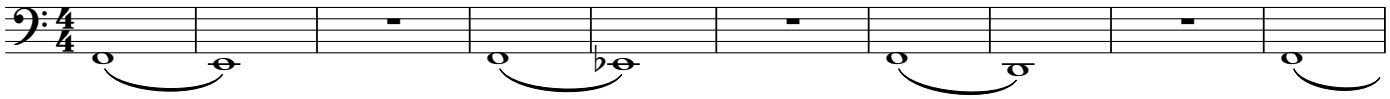
Flexibility 3

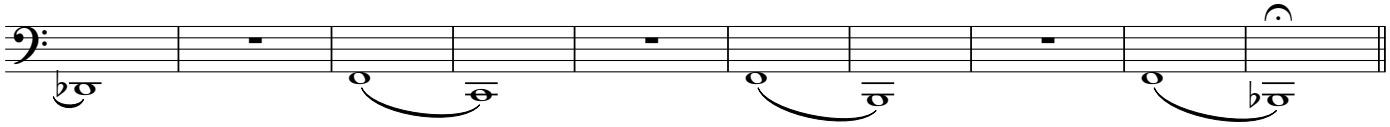
78

85

92

96 **Articulation 1 (on scale)** **Articulation 2 (on scale)**

100 **Articulation 3**

105 **Art. Exercise**

112 **Chorale 1** ♩ = 72

121 **Chorale 2**

129 **Chorale 3**

135

Tuba

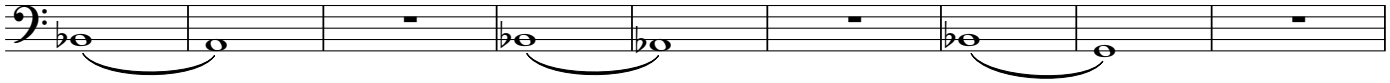
Symphonic Warm-ups

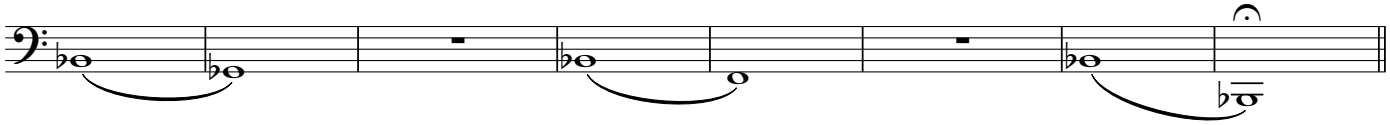
John McAllister

Long Tones 1 ♩ = 100

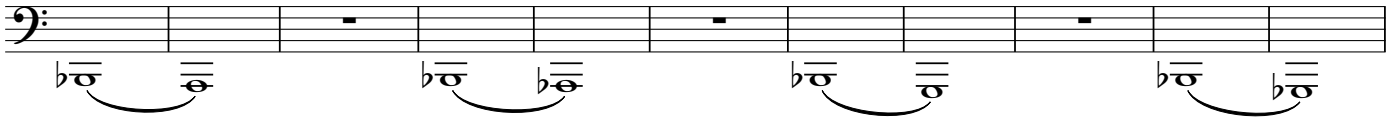


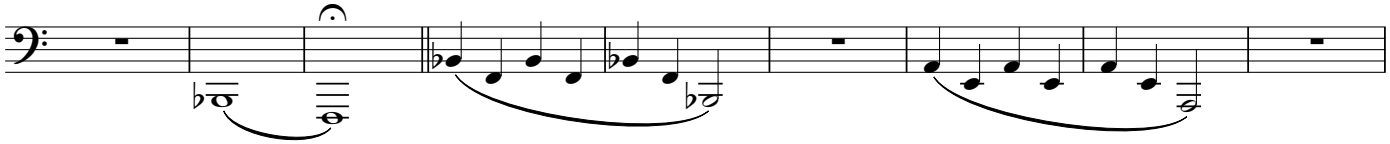
11

Long Tones 2

21

30

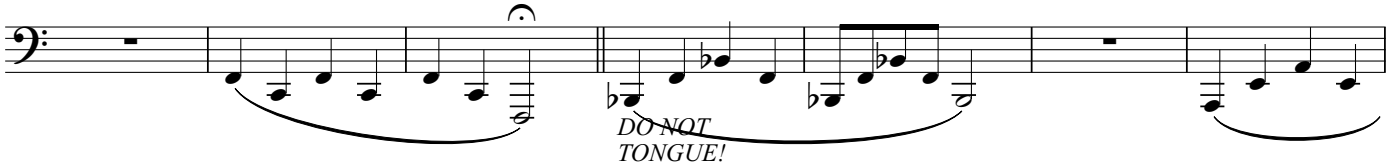
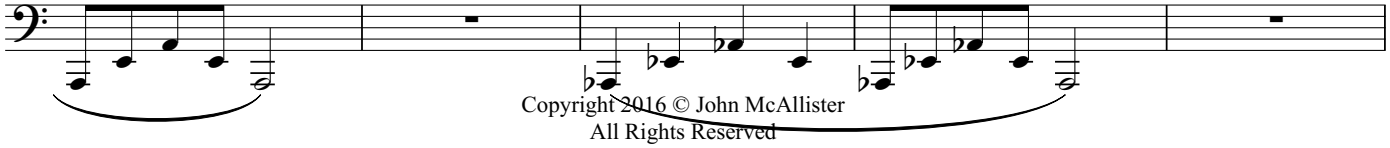


Long Tones 3
(Low)

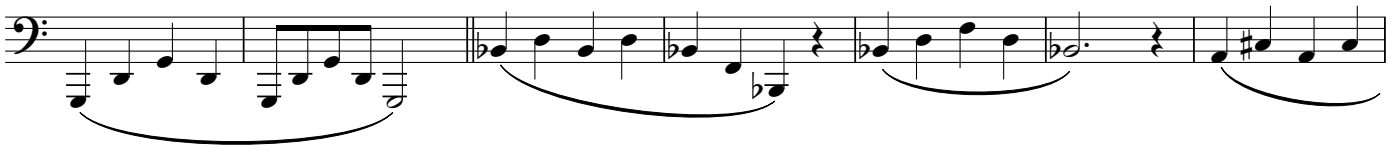
38

Flexibility 1

49

58

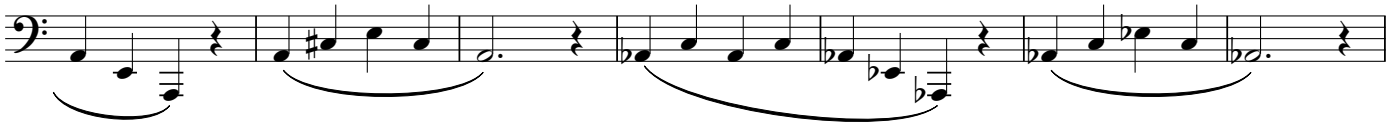
Flexibility 2

66

73

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

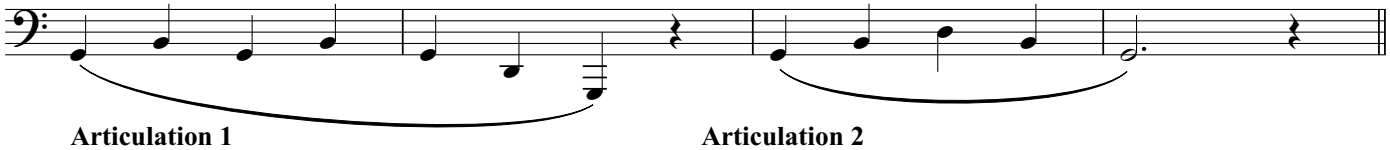
78 **Flexibility 3**

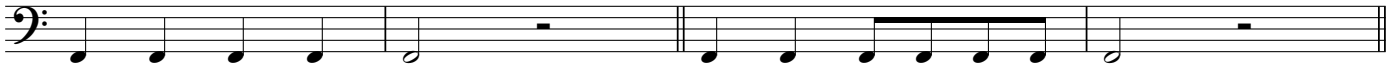
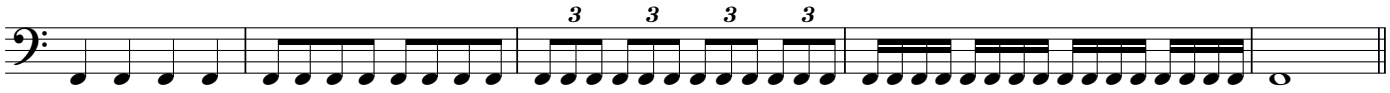
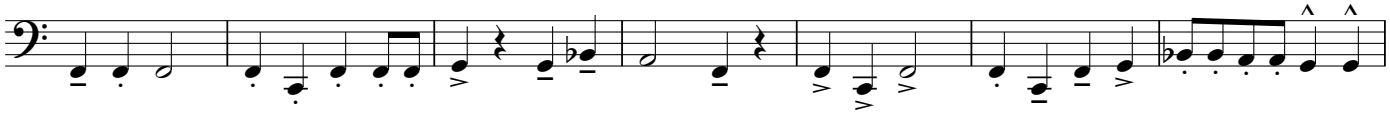


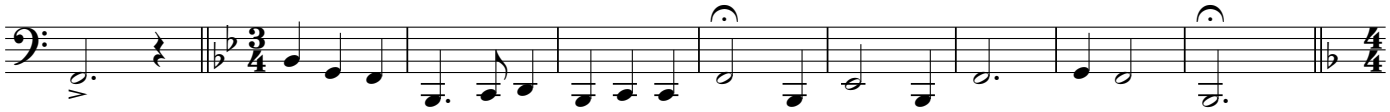
85

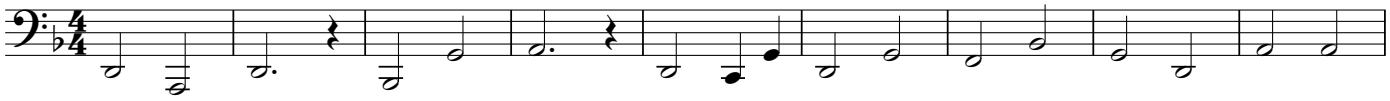
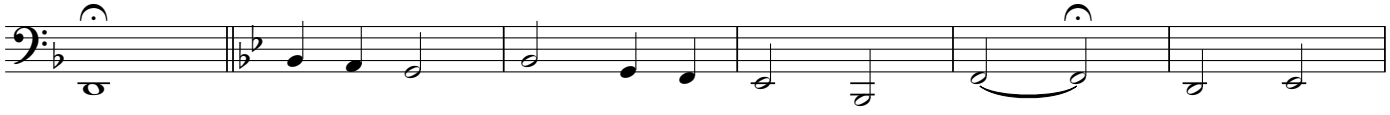
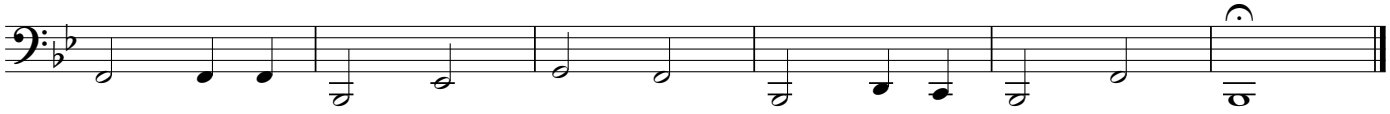


92



96 **Articulation 1 (on scale)** **Articulation 2 (on scale)**

100 **Articulation 3**

105 **Art. Exercise**

112 **Chorale 1** ♩ = 72

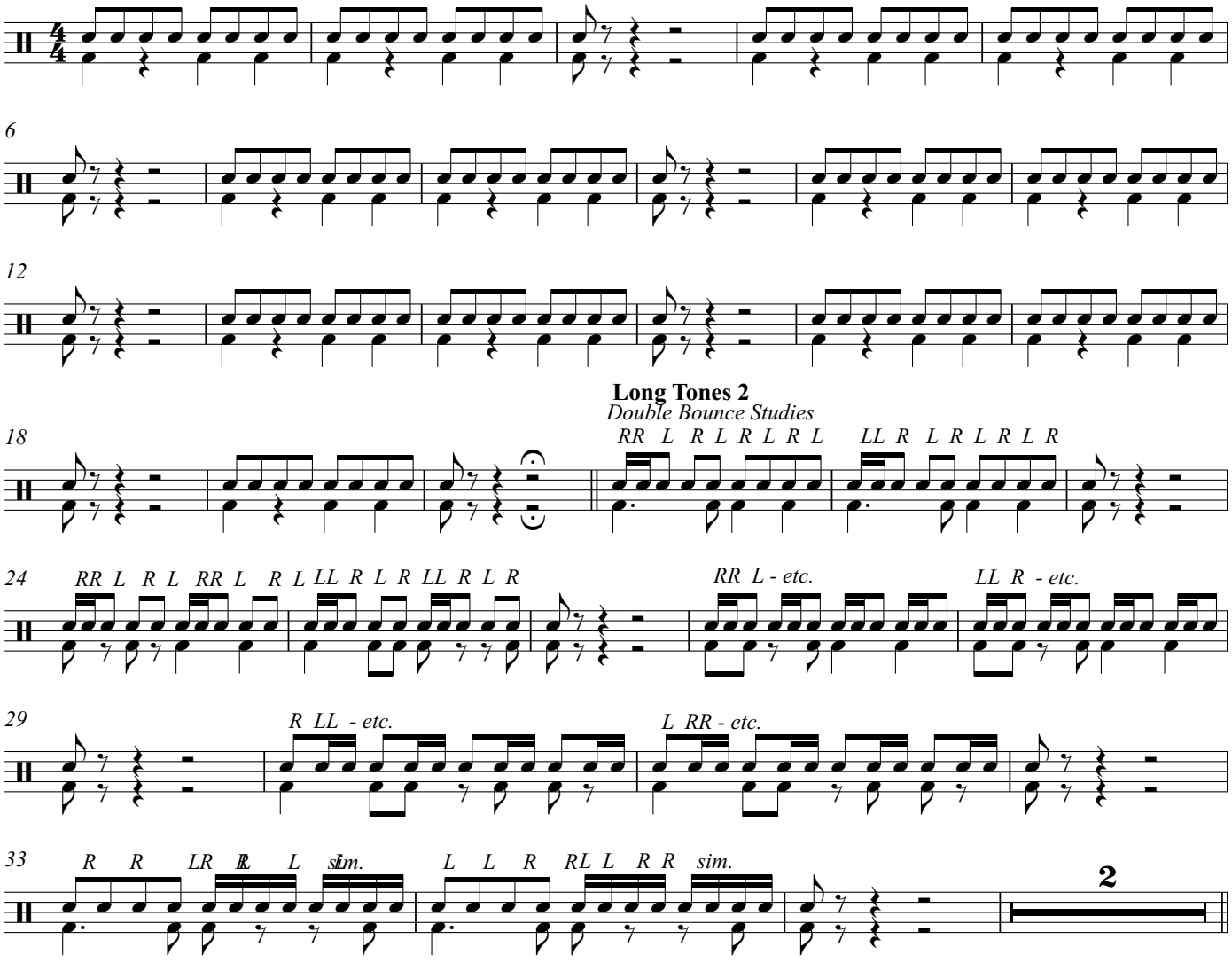


121 **Chorale 2**

130 **Chorale 3**

136

Snare and Bass

Symphonic Warm-ups

John McAllister

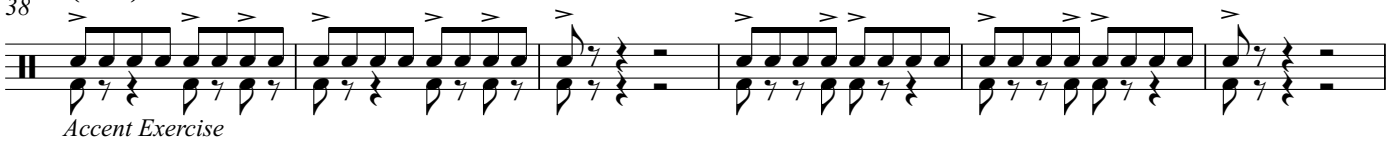
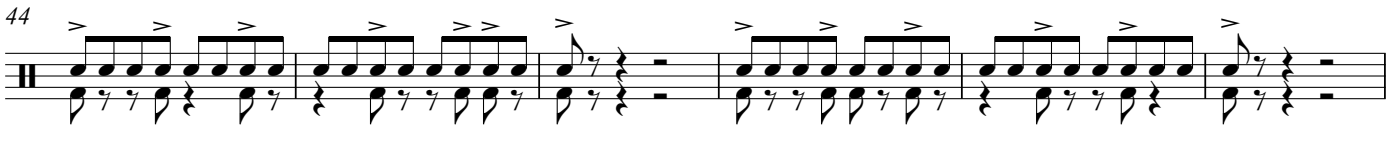
Long Tones 1 ♩ = 100

Paradiddles

6
12
Long Tones 2
Double Bounce Studies
18
RR L R L R L R L
LL R L R L R L R
24
RR L R L RR L R L LL R L R LL R L R
RR L - etc.
LL R - etc.
29
R LL - etc.
L RR - etc.
33
R R LR R L sim.
L L R RL L R R sim.
2

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

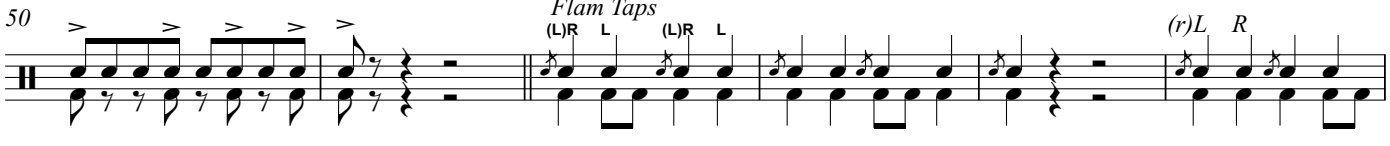
Long Tones 3
(Low)

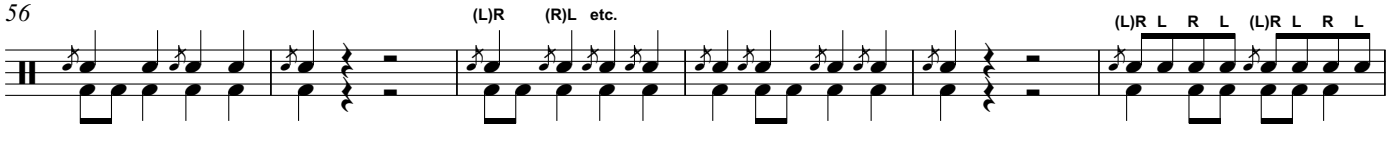
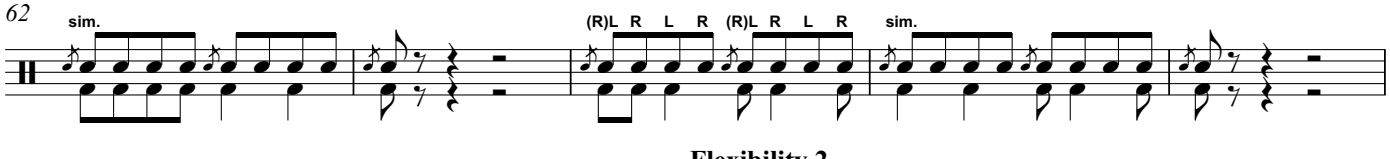
38

Accent Exercise

44

Flexibility 1

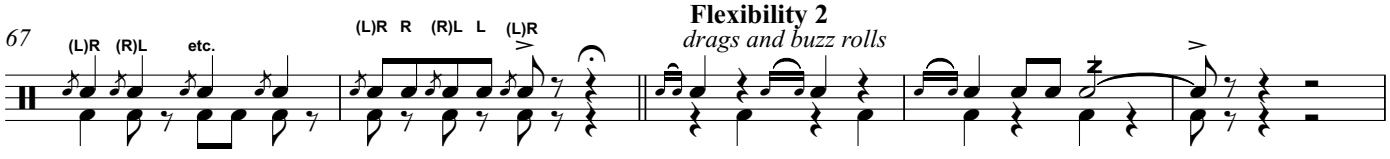
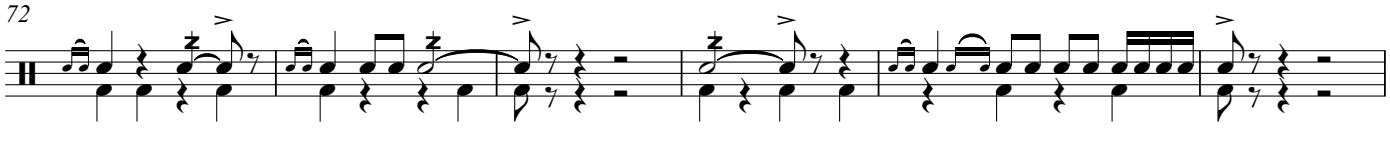
Flam Taps

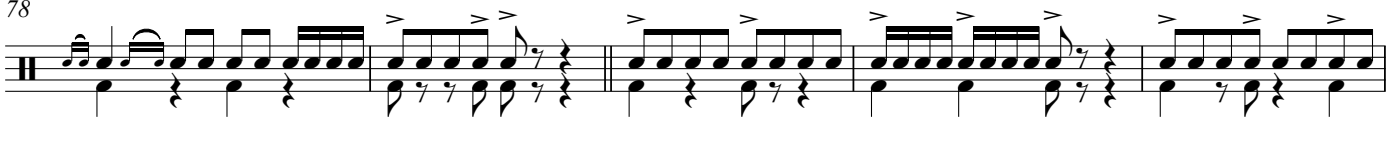
50

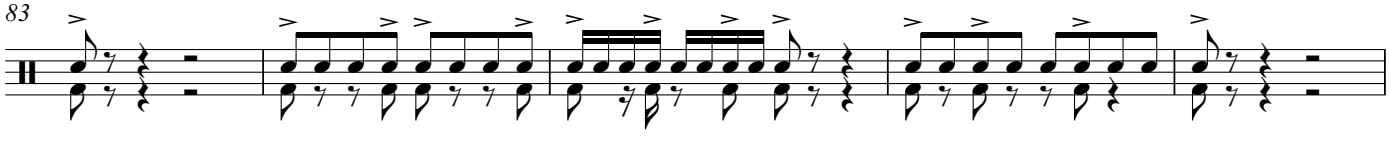


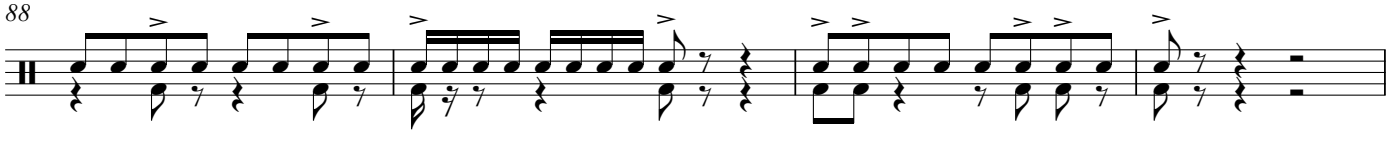
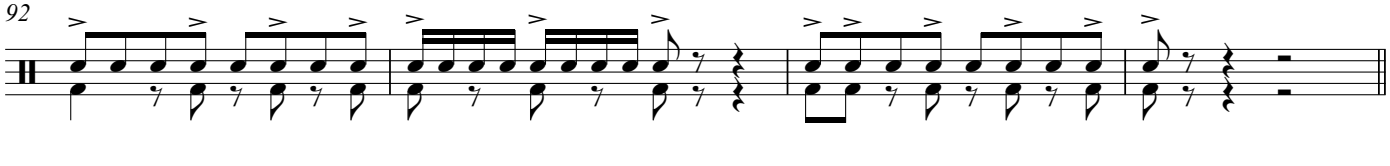
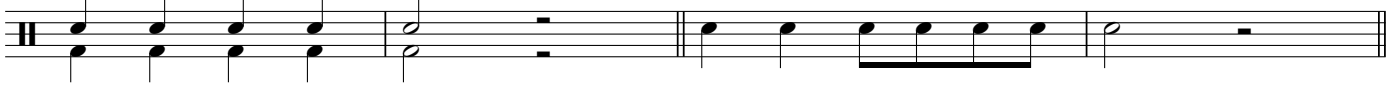
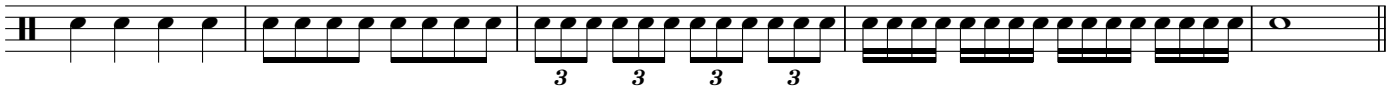
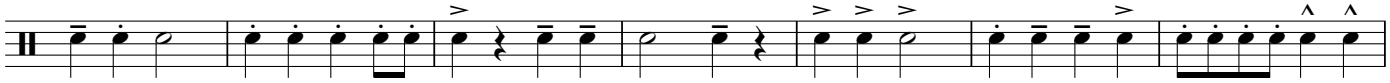
56

62

Flexibility 2

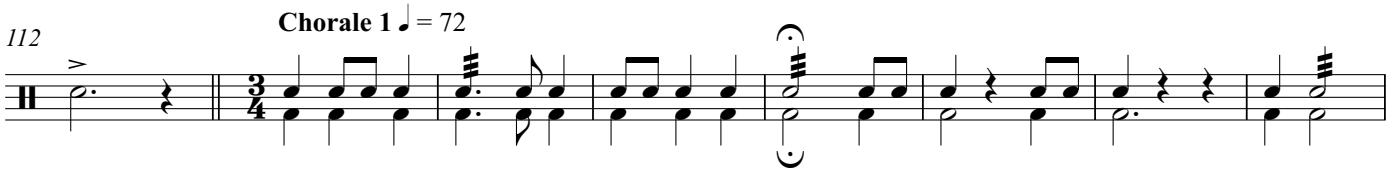
drags and buzz rolls

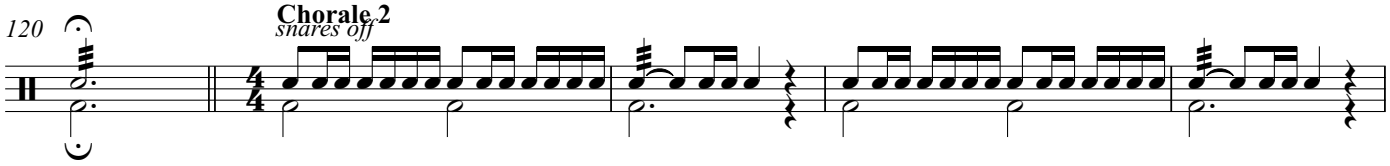
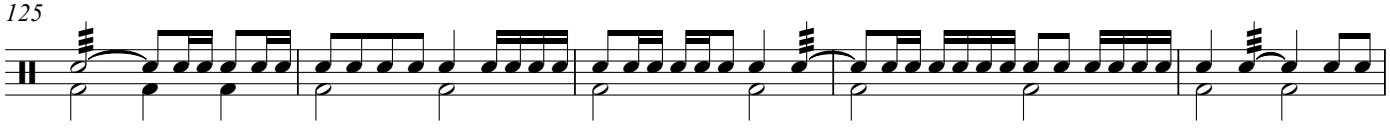
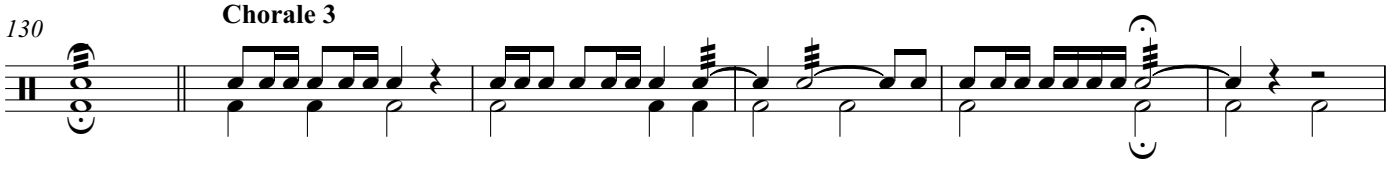
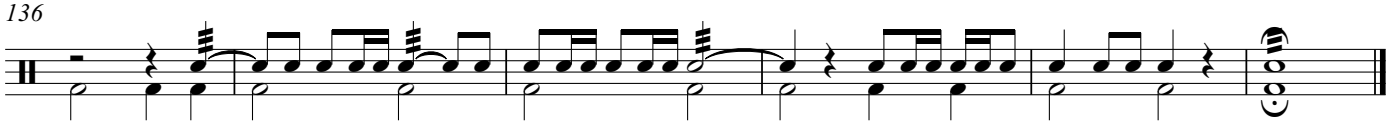
67

72

Flexibility 3

78

83



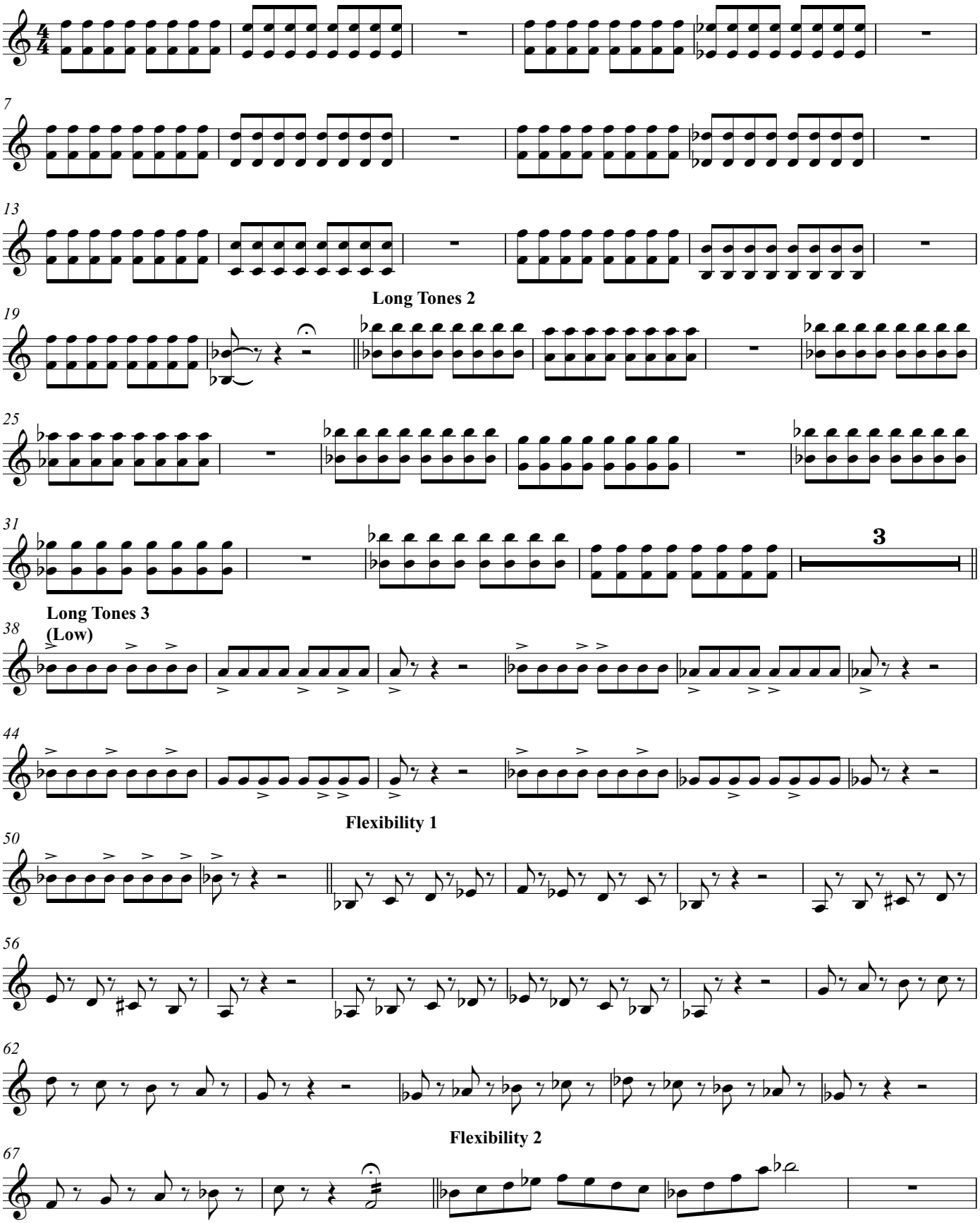
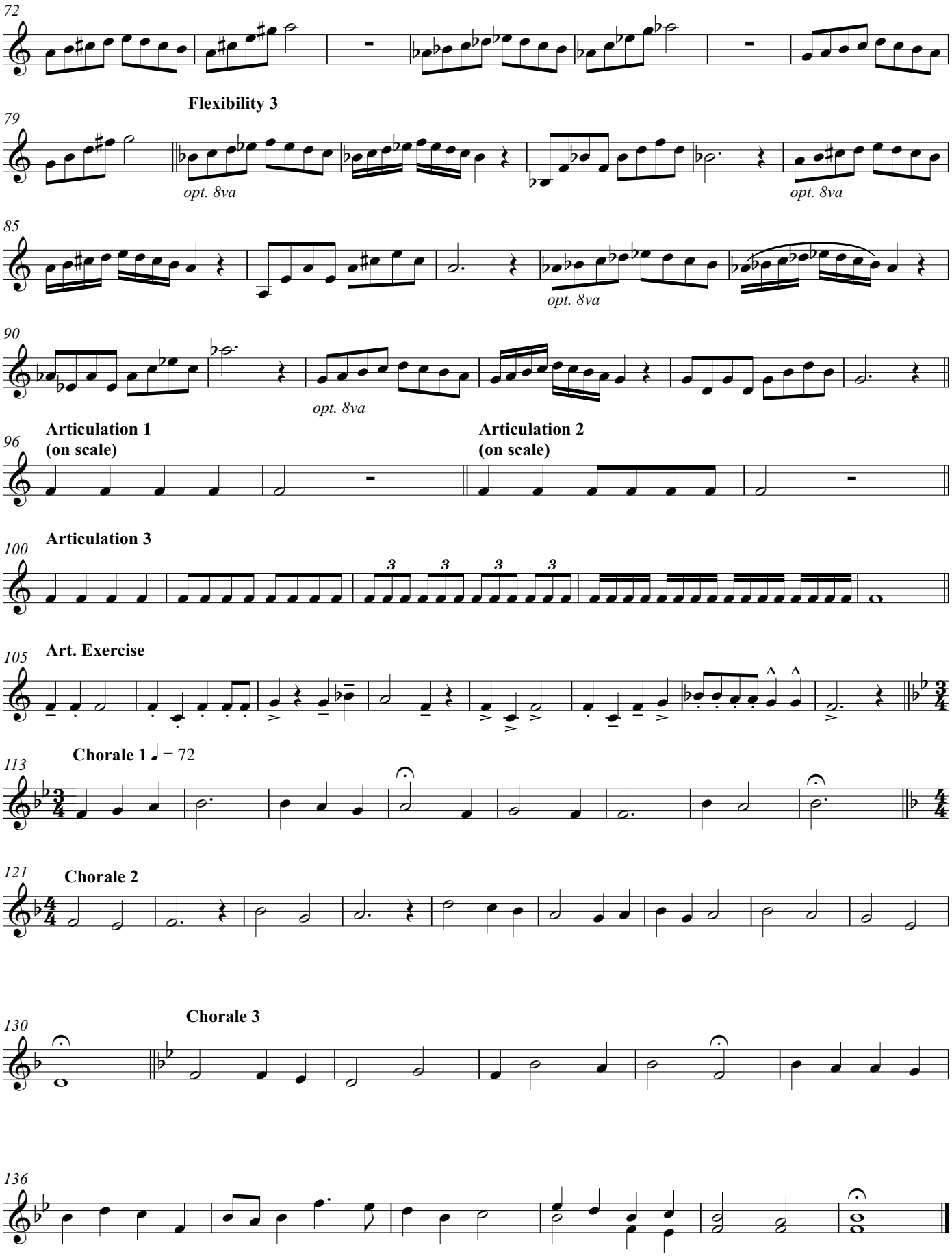
88

92

96 **Articulation 1 (on scale)** **Articulation 2 (on scale)**

100 **Articulation 3**

105 **Art. Exercise**

112 **Chorale 1** ♩ = 72



120 **Chorale 2** *snares off*

125

130 **Chorale 3**

136

Marimba/Bells

Symphonic Warm-ups

John McAllister

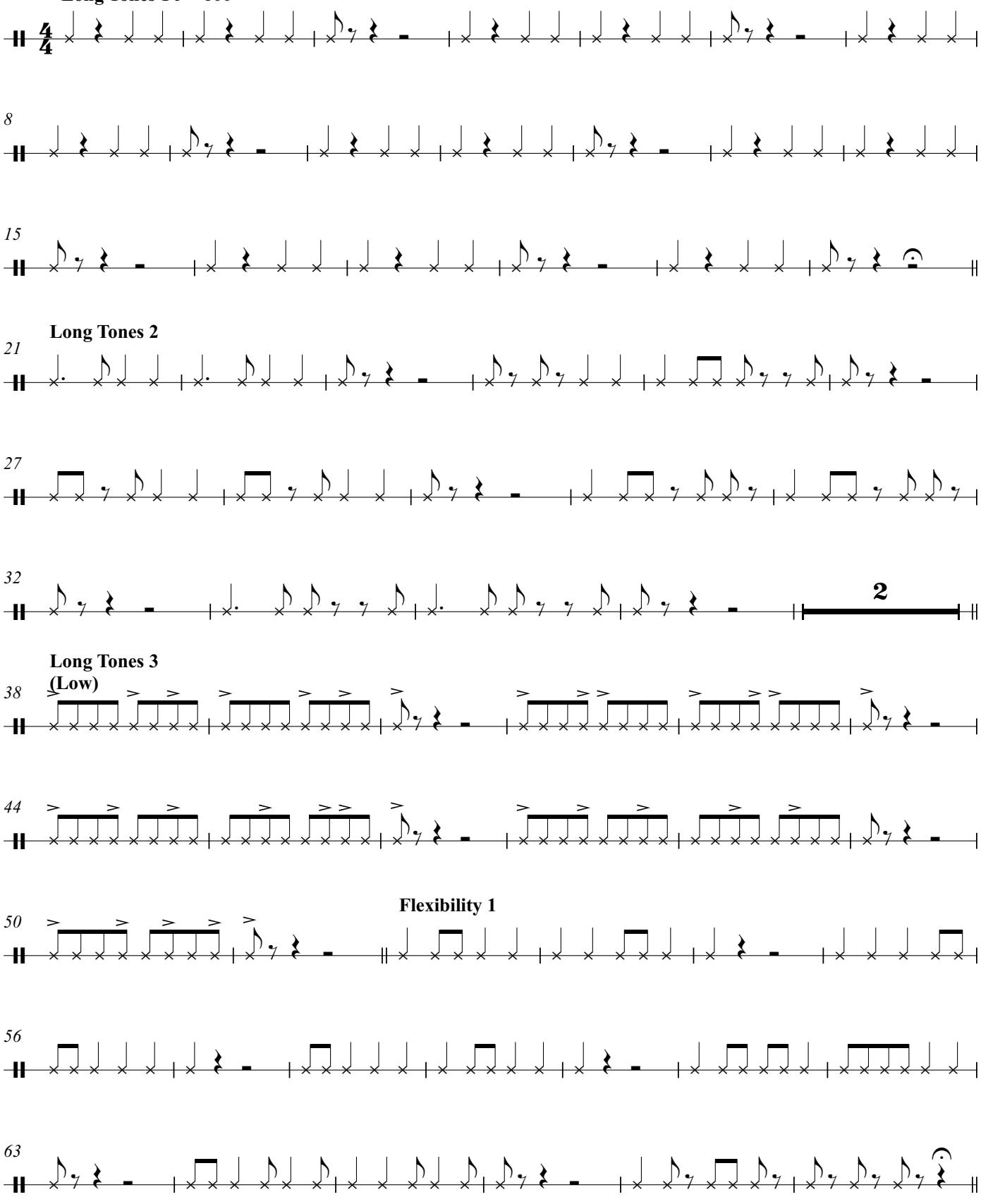
Long Tones 1 ♩ = 100

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

72
Flexibility 3
79
opt. 8va
opt. 8va
85
opt. 8va
90
opt. 8va
Articulation 1
(on scale)
96
Articulation 2
(on scale)
Articulation 3
100
Art. Exercise
105
Chorale 1 ♩ = 72
113
Chorale 2
121
Chorale 3
130
136

Aux.

Symphonic Warm-ups

John McAllister

Long Tones 1 ♩ = 100



V.S.

Copyright 2016 © John McAllister
All Rights Reserved
www.johnmcallistermusic.com

Flexibility 2

69

75

Flexibility 3

80

86

91

Articulation 1
(on scale)

96

Articulation 2
(on scale)

Articulation 3

100

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

131